Understanding the role of growth factors in embryonic development: insights from the lens

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Growth factors play key roles in influencing cell fate and behaviour during development. The epithelial cells and fibre cells that arise from the lens vesicle during lens morphogenesis are bathed by aqueous and vitreous, respectively. Vitreous has been shown to generate a high level of fibroblast growth factor (FGF) signalling that is required for secondary lens fibre differentiation. However, studies also show that FGF signalling is not sufficient and roles have been identified for transforming growth factor-β and Wnt/Frizzled families in regulating aspects of fibre differentiation. In the case of the epithelium, key roles for Wnt/β-catenin and Notch signalling have been demonstrated in embryonic development, but it is not known if other factors are required for its formation and maintenance. This review provides an overview of current knowledge about growth factor regulation of differentiation and maintenance of lens cells. It also highlights areas that warrant future study.

Keywords: growth factors; lens development; MAPK; Akt/PI3K; cell signalling; differentiation

1. INTRODUCTION

The lens of the eye is an ectodermally derived tissue predominantly made up of a spheroidal mass of regularly packed, elongated lens fibre cells, capped anteriorly by an epithelial monolayer (figure 1). During embryogenesis, the lens arises from the ectoderm situated next to outpocketings of the neural tube, the optic vesicles. Local thickening of ectoderm forms a lens placode that invaginates to form the lens vesicle. Subsequently, posterior lens vesicle cells elongate to form the primary fibres, whereas anterior vesicle cells give rise to a sheet of cuboidal epithelial cells. The divergent fates of these embryonic cells give the lens its distinctive polarity. Once formed, the lens grows rapidly by continued cell proliferation and differentiation. Proliferation becomes restricted to the epithelium, with greatest activity in a region just above the lens equator known as the germinative zone [1]. Progeny of divisions migrate below the equator where they elongate and differentiate into secondary fibre cells. In this way, the lens grows throughout life and maintains its polarity. How the two forms of lens cells differentiate in the two compartments of the lens to give it its distinctive polarity has been a major focus in lens developmental biology.

The importance of the ocular environment in determining lens polarity was demonstrated in classical lens inversion experiments [2], where the chicken lens was inverted in the optic cup so that the epithelium, instead of facing the aqueous and cornea, faced the vitreous and neural retina. In this new environment, the epithelial cells elongated and differentiated into a new fibre mass, whereas a new epithelial sheet grew over the original fibre mass facing the cornea. Similar lens inversion experiments with mice confirmed that this phenomenon also occurred in mammals [3]. In short, these experiments showed that the vitreous environment promotes fibre cell differentiation, whereas the aqueous environment promotes epithelial maintenance and growth.

The ocular media are a rich source of growth and regulatory factors. The lens itself expresses members of major growth factor families and a variety of growth factor receptors and molecules involved in a range of signalling pathways. Studies over the last 20 years have mostly concentrated on identifying factor(s) that control fibre differentiation, whereas epithelial cells have been studied mostly in relation to their proliferative function. However, in recent years, largely owing to renewed appreciation for the role of the epithelium in maintaining normal lens structure and function, this cell layer is currently being investigated with renewed vigour with particular attention to identifying factors that influence the epithelial phenotype. In this review, we will deal with the latest findings on
2. LENS FIBRE DIFFERENTIATION

In the quest to identify the ‘lens fibre differentiation factor’, a major advance was the development of lens epithelial explants as an in vitro experimental system [4,5]. This simple in vitro system was instrumental in linking fibroblast growth factors (FGFs) with secondary lens fibre differentiation [6–8]. Essentially, studies showed that FGF1 or FGF2 promoted morphological and molecular changes in lens epithelial explants that are characteristic of secondary fibre differentiation in vivo [7,9]. One of the most significant findings using this explant system was that FGF induced different responses in lens epithelial cells with increased dosage; a low concentration of FGF induced cell proliferation, whereas sequentially higher doses were required to induce cell migration and fibre cell differentiation [8]. This finding, together with the fact that more FGF is recoverable from vitreous than aqueous [10], led to the proposal [4,11] that the distinct polarity of the lens in situ may be determined by an FGF gradient in the eye (figure 1). This also fits well with the fact that the antero-posterior patterns of lens cell behaviour correlate with the distribution of the ocular media, and that vitreous humour (which bathes lens fibre cells in vivo), but not aqueous humour (bathes the lens epithelium), can induce fibre differentiation in rat lens explants [12]. Fractionation of vitreous showed that most of its fibre-differentiating activity was associated with FGF [10].

The ‘FGF Gradient Hypothesis’ is well supported by genetic manipulations in various mouse models. Disturbing normal patterns of FGF distribution by lens-specific over-expression of FGFs led to ectopic fibre differentiation in the epithelial compartment [13,14]. The mammalian lens expresses at least three of the four FGF receptor (FGFR) genes [15,16]. A series of experiments that deleted combinations of these FGFRs showed that there is considerable redundancy among FGFRs but that loss of all receptors resulted in failure of fibre differentiation such that the embryonic lens remains at the vesicle stage [4,17,18]. These studies provide compelling evidence that FGF signalling is necessary for fibre differentiation.

(a) Fibroblast growth factor signalling

While it is clear that FGF receptor signalling is essential for normal lens development and the differentiation of lens fibre cells, the exact nature of this signalling is only now being elucidated. In an attempt to better understand the mechanism(s) underlying the differential responsiveness of lens epithelial cells to different doses of FGF, the signalling pathways mediating FGF-induced lens cell proliferation and fibre differentiation were examined and characterized. Some of the main downstream targets regulating lens cellular processes were the extracellular-regulated kinases 1 and 2 (ERK1/2), members of the mitogen-activated protein kinase (MAPK) family [19,20]. It has been shown by in vitro studies using chick and rat that FGF can induce a robust phosphorylation of ERK1/2 [21,22], and that both FGF-induced lens cell proliferation and fibre differentiation are dependent on ERK1/2 activation. In the presence of UO126 (a selective inhibitor of ERK1/2 phosphorylation), FGF-induced lens cell proliferation in rat lens epithelial explants was blocked [21]. UO126 also effectively blocked FGF-induced lens cell elongation and the accompanying expression of the fibre-specific intermediate filament, filensin [21]. However, surprisingly, blocking ERK1/2 phosphorylation had little to no effect on the accumulation of other fibre-differentiation markers, such as β- and γ-crystallins [21,23]. This uncoupling of the fibre-differentiation process indicated that other signalling pathways, as well as MAPK/ERK1/2, contribute to this cellular response. Support for this in vitro comes from mice that lack Shp2 in the lens [24]. Loss of Shp2 results in the blocking of ERK, but not Akt activation, and in these mutant lenses there is failure of equatorial epithelial cells to undergo fibre differentiation. Instead, they continue to migrate along the posterior capsule as epithelial-like cells. Moreover, the primary fibre cells of mutant lenses still expressed α-, β- and γ-crystallins [24]. Although a ‘differentiating dose’ of FGF had a more profound effect on the level of phosphorylation of ERK1/2, relative to that induced by a lower, ‘proliferating dose’ of FGF, it was the difference in the duration of ERK1/2 phosphorylation that related to the ability of FGF to induce a differentiation response in rat lens epithelial cells [25]. It was shown that a high dose of FGF, which leads to lens fibre differentiation, prolonged the phosphorylated state of ERK1/2, up to three to four times that induced by a lower dose of FGF (that can only induce epithelial cell proliferation). Consistent with this notion that duration of phosphorylation needs to be prolonged for fibre differentiation to occur.
ERK activity regulates cell behaviour, aqueous humour, which induces lens epithelial cell proliferation but not fibre differentiation, stimulated ERK1/2 phosphorylation for 4–6 h, whereas vitreous humour induced an extended duration of ERK1/2 phosphorylation for 4–6 h, whereas vitreous humour-induced ERK1/2 activation was prematurely blocked at 6 h (using a selective inhibitor for FGFR signalling), the vitreous lost its ability to induce lens fibre differentiation but retained the ability to induce lens cell proliferation [25]. More recent studies in this same in vitro model have shown that while a prolonged ERK1/2 phosphorylation was associated with and necessary for fibre cell differentiation, it was not sufficient for this process to proceed normally [27]. Thus, while these studies underscore the requirement of FGF–MAPK signalling in the regulation of lens cell behaviours by ocular media, they also highlight the importance of other growth factor signalling pathways in refining vitreous-induced lens fibre differentiation.

(b) Other growth factors involved in fibre differentiation

Indications that other growth factors besides FGF are required to elicit an unabridged fibre-differentiation response have come from two main lines of investigation. Firstly, explant studies comparing the effects of FGF with vitreous led to the conclusion that vitreous provides additional signals that enhance FGF-induced differentiation. Secondly, studies directed at interfering with signalling by the various other growth factor families that are expressed in the eye have identified pathways that also appear to be critical for regulating specific events in the complex process of lens fibre differentiation.

(c) Vitreous studies

Our early studies investigating the effects of ocular media on rat lens epithelial explants showed that vitreous humour can induce all the morphological and molecular changes associated with secondary fibre differentiation in vivo, including the ability to stimulate lens cells to synthesize and deposit extracellular matrix (ECM) that contributes to the remodelling and growth of the lens capsule [12]. However, such ECM accumulation has not been observed in FGF-treated lens explants. Further studies comparing the effects of vitreous and FGF show that while both FGF and vitreous initiate and stimulate many similar differentiation events, there was greater fibre cell organization and integrity, and maintenance of transparency in vitreous humour-treated cultures [28]. Thus, while FGF is essential for initiation of fibre cell differentiation, it is clearly not sufficient to reproduce all the effects induced by vitreous humour. This is perhaps not surprising given that the vitreous is likely to contain numerous other growth factors.

Vitreal factors such as insulin-like growth factors (IGF), platelet-derived growth factor (PDGF) and epidermal growth factor (EGF) have been shown to...
potentiate the effects of FGF on rat lens epithelial explants, leading to a fibre-differentiation response [27,29–31]. This is consistent with studies on chick lens cells that showed roles for insulin/IGF [32], EGF/transforming growth factor (TGF)-α [33,34] and also bone morphogenetic proteins (BMPs) [35] in promoting the fibre-differentiation process. Although a low dose of IGF, PDGF and EGF alone cannot induce fibre cell differentiation, when combined with a low dose of FGF, a fibre-differentiation response is elicited to varying degrees, depending on the specific growth factor combination [27]. IGF, PDGF and EGF, also potentiated the effects of a low dose of FGF by extending the duration of ERK1/2 phosphorylation in rat lens epithelial explants, similar to that seen in vitreously-treated cells and with high concentrations of FGF, leading to lens fibre differentiation.

More recently, we have shown that vitreous humour stimulates a more robust phosphorylation of Akt in rat lens epithelial cells than FGF alone [27], raising the possibility that these other growth factors may be involved in vitreous-induced effects via the PI3-K/Akt signalling pathway. This signalling pathway is known to promote cell survival and protein synthesis in many cellular systems and has been shown to be essential for fibre differentiation induced in rat lens epithelial explants [23]. Taken together, these studies indicate that various vitreal growth factors may be involved in fine-tuning ERK1/2- and Akt-phosphorylation levels that are required for the initiation and/or maintenance of secondary lens fibre differentiation in vivo.

(d) Growth factor inhibition studies

Further evidence that factors other than FGF are necessary for fibre differentiation comes from studies that have used various strategies to interfere with other growth factor signalling pathways. Most notably, modulation of signalling through the TGF-β superfamily [35–39] or Wnts [40–44] resulted in aberrant fibre differentiation. This has led to the view that a cascade of growth factor signalling is required for fibre differentiation [4]. While FGF appears to be the initiating signal, how such a cascade is regulated and how interconnected signalling pathways regulate specific events in the complex process of fibre differentiation and maturation is a major focus of current research.

(i) Transforming growth factor-β superfamily signalling: bone morphogenetic proteins

The role of BMP signalling in lens differentiation was first indicated by in vitro experiments, culturing ocular rudiments with BMPs or with their natural antagonists such as noggin, chordin and follistatin. Addition of BMP4 (40 ng ml⁻¹) or BMP7 (100 ng ml⁻¹) to organ cultures of 2 day chick embryo optic vesicles and lens placodes from embryos (HH11–12) resulted in increased lens growth and expression of the differentiation marker δ-crystallin [45]. Subsequent studies [35,46] showed that inhibition of BMP signalling, by injecting noggin-expressing retrovirus into HH15–18 chick lens vesicles in ovo, resulted in defective fibre cell elongation, decreased Prox1 expression and apoptosis. Similarly, organotypic cultures of E10.5 mouse ocular primordia treated with noggin also resulted in smaller lenses with compromised elongation of fibre cells [36]. However, these BMP-blocking studies did not examine effects on differentiation markers such as γ- or β-crystallin. Generation of transgenic mice that expressed a truncated BMP receptor (Bmpr1b) resulted in embryonic lenses with asymmetric defects of primary fibre cell elongation and differentiation (delayed and decreased γ-crystallin and MIP26 expression), suggesting that BMP signalling is important for primary fibre differentiation [36]. The unusual asymmetric defect in these lenses may be owing to the transgenic receptor being a form (Bmpr1b/Alk6) not normally expressed in lens [47]. The fact that different BMP receptors have different ligand affinities, coupled with an asymmetric distribution of BMPs in the developing eye may explain why this transgene affected primary fibre cell differentiation on the nasal but not temporal aspect of the lens [36].

More recently, studies using cultured chick lens epithelial cells [39] showed that BMP2, 4 and 7 (≥5 ng ml⁻¹) can induce expression of lens fibre-specific markers (CP49, filensin, Mp28 and δ-crystallin), similar to FGF or vitreous-conditioned medium. BMP signalling also upregulated gap junction-mediated intercellular coupling, a key feature of differentiating cells at the lens equator [38]. Moreover, the fibre-differentiating activity of vitreous humour was inhibited by BMP antagonists (noggin, chordin) or BMP antibodies. Surprisingly, these BMP antagonists also inhibited FGF-induced secondary fibre-differentiation responses in these cell cultures, suggesting that BMP activity is required for FGF-mediated responses. Indeed, these authors also showed that FGF-mediated gap junction coupling is reliant on lens cell-derived BMPs [38]. Further evidence that BMP signals are required for secondary fibre differentiation came from mice that over-express noggin. While embryonic and postnatal lens development appeared normal in these mice, by P11 there was an apparent failure of epithelial cells to elongate and differentiate [39]. The apparent phenotypic delay, compared with the dominant-negative Bmpr1b mice (see above), may be due to the levels of noggin required to inhibit endogenous levels of BMP in these eyes [39]. In contrast over-expression of Bmp7 in the lens from E12.5 did not result in premature differentiation of anterior lens epithelial cells [48], as occurs when FGFs are over-expressed [13,14,49]. Subsequently at E15.5, the lenses of these mice did show an abnormal lens phenotype but this appears to be secondary to the deleterious effects of BMP7 on neural retina [48], a known source of differentiation signals for the lens [4]. These data suggest that BMP signalling is insufficient to initiate fibre cell differentiation in lens epithelial cells, particularly the more quiescent anterior epithelial cells. Indeed, Boswell et al. [38,39] speculated that FGF and BMP signalling needs to be coupled for fibre differentiation and suggested that such coupling occurs in equatorial but not anterior epithelial cells. The mechanism underlying such signalling crosstalk is unclear. FGF signalling does not upregulate Bmp4 or Bmp7 expression in lens cells and inhibition
of FGFR signalling or ERK1/2 activation does not appear to affect BMP-mediated effects on fibre differentiation [38,39].

(ii) Transforming growth factor-β superfamily signalling: transforming growth factor-β/activin

Single null mutations of TGF-β [50–52] or activin [53,54] do not appear to affect lens development, suggesting that these ligands are not required for lens differentiation or that there is functional redundancy. However, experiments with dominant-negative TGF-β receptors (Tgfr2, Tgfr1/Alk5), expressed in lens fibres under the control of the αA-crystallin promoter [37], indicate that signalling via TGF-β receptors is required to maintain fibre cell survival (figure 3). The cortical fibres in these lenses showed altered expression of fibre markers (α-crystallin, filensin, phakinin, MIP), attenuated elongation [37], altered focal adhesion kinase (FAK) activity [47] and aberrant activation of downstream ‘canonical’ (Smad2/3) pathways [57].

To date, there has been no report on the phenotype of Acvr2a null lenses or of lenses null for both activin receptors, which can also activate Smad2. Preliminary examination of mice that are null for Acvr2b showed that the lenses of P3 mice are structurally normal and show normal β-crystallin expression (figure 3). To date, there has been no report on the phenotype of Acvr2a null lenses or of lenses null for both activin type II receptors. A transgenic dominant-negative type II activin receptor has also not been employed in lens. Of all the TGF-β receptors, the type II activin receptors appear to be the most promiscuous as they can form signalling complexes with Acvr1A/Alk2, Acvr1B/Alk4, Bmpr1B/Alk6 and Acvr1C/Alk7, and thus can potentially activate both BMP (Smad1/5/8) and TGF-β (Smad2/3) pathways [57].

(iii) Wnt signalling

Members of the Wnt family of secreted glycoproteins are important regulators of cell proliferation, polarity and fate determination during embryonic development and tissue-specific stem cells in tissue homeostasis [58–61]. There are 19 known Wnt ligands and 10 known Frizzled (Fz) receptors, though complexity of signalling repertoires is increased with the inclusion of other ligands (e.g. Norrin) and receptors (e.g. ROR, Ryk) in the superfamily. Historically, signalling by Wnts and Fzs has been categorized according to activation of downstream ‘canonical’ (Wnt/β-catenin) or ‘non-canonical’ (Wnt/planar-cell polarity (PCP) and Wnt/Ca++ pathways [62,63]).

Wnt/β-catenin signalling is initiated when a Wnt ligand forms a complex with a Fz receptor and a low-density lipoprotein-related protein (Lrp) co-receptor. Once this complex is formed, dishevelled (Dvl) is activated and axin is recruited to the cell membrane. In the absence of Wnt, axin is part of a module containing glycogen synthase kinase-3β (GSK3β) that phosphorylates β-catenin and targets it for destruction [58,64]. Thus, ligand–receptor interaction leads to an increase in stabilized (hypophosphorylated) β-catenin, which can then associate with TCF/LEF transcription factors to regulate target gene expression.

Wnt/β-catenin (canonical signalling). While much of the focus on the Wnt pathway has been on its roles in the lens epithelium (see later), there is also evidence to suggest that Wnt signals play a role in fibre differentiation. Expression studies showed the presence of Wnt5b, 7a, Fz3 and Fz6 [65] in lens fibres. In vivo studies [40] showed that Wnt3a-conditioned medium, LiCl (a Wnt mimetic) and β-catenin over-expression are sufficient to induce the accumulation of β-crystallin in lens explants or in lens cell lines. However, this is not accompanied by lens cell...
elongation. By contrast, priming of cells with FGF (50 ng ml\(^{-1}\)) for 1 h followed by Wnt3a-conditioned medium augmented this response and resulted in cell elongation as well as accumulation of several fibre cell markers (β-crystallin, MIP26, N-cadherin, p57Kip2) and loss of E-cadherin after 5 days, which were not seen in cultures treated with FGF alone. Moreover, these changes were accompanied by nuclear translocation of β-catenin. These data suggest that Wnt/β-catenin signalling functions cooperatively with FGF to regulate fibre cell differentiation, at least in the explant culture model.

Support for a role in fibre differentiation comes from studies on mice that are deficient in Wnt signalling. Embryonic lenses, lacking β-catenin (Catnb) and thus lacking canonical Wnt signals, show decreased levels of β-crystallin and impaired fibre differentiation [43]. By contrast, deletion of β-catenin from differentiated fibres appeared to have no major effects on fibre cell differentiation. Cain et al. [43] concluded that β-catenin, acting either in canonical Wnt signalling or as a component of adhesion junctions, is required in the epithelium and/or during early fibre differentiation. However, over-activation of the Wnt pathway is also detrimental to fibre differentiation as constitutively activating the Wnt/β-catenin pathway in the lens, by mutating Apc (figure 4) or deleting exon3 of Catnb, leads to excessive epithelial proliferation, inhibition of fibre differentiation, epithelial-to-mesenchymal transition (EMT) and apoptosis [44]. Thus, it appears that levels of Wnt signalling need to be tightly regulated during epithelial cell cycle exit and initiation of fibre cell differentiation in the embryonic lens.

Wnt/planar cell polarity (non-canonical signalling). Although not as well understood as canonical Wnt signalling, there is a growing awareness that non-canonical signalling, particularly through the Wnt planar cell polarity (PCP) pathway, has a critical role in regulating many key developmental processes that involve intricate cytoskeletal remodelling. Signalling through the PCP pathway involves activation of Dvl, through a different domain(s) than for canonical signalling, and generally involves activation of the small Rho GTPases and Jnk [58,62,63,66]. Interestingly, beyond E14.5, no TCF/Lef–LacZ reporter activity has been detected in any part of the lens in reporter mice [65,67,68]. Similarly, other commonly used TOPgal and BATgal reporter mouse lines do not reveal Wnt/β-catenin signalling activity in lens [69–71]. However, reports of the expression of Wnts, Fzs and Dvls [40,41,65,72,73], as well other Wnt/PCP core signalling components Prickle (Pk) and Van Gogh-like (Vangl) in elongating mammalian fibre

![Figure 4. Wnt/β-catenin signalling regulates epithelial cell phenotype, proliferation and differentiation in embryonic lenses. Tissues were stained with either haematoxylin and eosin (a,d,g), E-cadherin antibody (b,e,h) or for BrdU-incorporation (c,f,i). (a–c) At E13.5, cell proliferation in wild-type lens (Wt) is restricted to the E-cadherin-positive epithelial cells (arrowheads). (d–f) Loss of β-catenin (Catnb\(^{−/−}\)) abrogates Wnt signalling and results in the loss of lens epithelial cells (arrowheads) and reduction in lens cell proliferation (arrowheads). (g–i) Constitutive activation of Wnt/β-catenin signalling by a truncating mutation of Apc (Apc\(^{−/−}\)) results in the failure of lens equatorial cells to differentiate into fibres, with aberrant labelling for E-cadherin (h) and cell proliferation (i) extending into the fibre cell mass. Adapted from Cain et al. [43] and Martinez et al. [44].](http://rstb.royalsocietypublishing.org/)

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cells \[74,75\], suggest non-canonical Wnt signalling may have a role in lens fibre differentiation \[76\]. Consistent with this, studies show impairment of the fibre cell cytoskeleton as a consequence of inhibiting the small Rho GTPases \[77–80\].

While it is recognized that some cells overtly display PCP by orientation of extensions such as hairs or cilia \[81,82\], an important development in recent years has been the identification of genetic links between the PCP pathway and ciliogenesis in vertebrates \[83\]. Direct evidence that the lens is a Wnt/PCP-organized tissue comes from the observation that the centrosome/primary cilium and core PCP proteins in lens cells exhibit a polarized distribution \[84\]. This is particularly striking in lens fibre cells located in the outer lens cortex; each fibre cell has an apical cilium located on the side of the cell that faces away from the lens equator and towards the anterior pole of the lens (figure 5). Another characteristic manifestation of PCP is partitioning of PCP components to specific cellular domains \[81,82,85,86\]. In lens fibre cells, core PCP proteins, notably Fz6 and Vangl2, localize to a different cellular domain than Pk1 \[84\]. This association between Fz and Vangl proteins in lens appears consistent with their co-localization in another planar epithelium, sensory inner ear cells \[87,88\]. Evidence that PCP signalling has a role in promoting alignment/orientation of lens fibres comes from studies of lenses from mice with mutations in PCP genes, Vangl2 and Celsr1. In lenses of Loop-tail (Vangl2 mutation) and Crash (Celsr1 mutation) mice, the alignment and orientation of fibres is perturbed so that normal Y-shaped sutures do not form \[84\]. In addition, transgenic mice that overexpress Sfrp2, a known regulator of Wnt signalling, in lenses show that their alignment and packing is disrupted \[42\]. A striking feature of these lenses is that fibres do not develop the convex curvature typically seen in normal lenses (figure 6). This is related to a loss of ability of fibres to re-orient and undergo directed cell migration so that the anterior and posterior tips of fibres from different segments do not meet appropriately to form the characteristic Y-shaped sutures at the lens poles. Consistent with the involvement of Wnt/PCP signalling in regulating this process, components of this pathway are downregulated in these transgenic lenses \[42\]. Taken together, these studies indicate a role for Wnt/PCP signalling in coordinating the precise alignment and orientation of fibres that is required during their differentiation. The question of whether primary cilia may also be involved in regulating these processes is a tantalizing one that warrants further study.

(e) Cell–cell signalling

(i) Notch signalling

Several recent studies indicate a role for the Notch signalling pathway in regulating fibre differentiation. The Notch ligand Jagged1 (Jag1) is expressed in lens fibre cells and several studies indicate that bi-directional Jag1–Notch signalling conveys a lateral inductive signal that is required for fibre differentiation \[89,90\]. One function so far identified is the regulation of cadherin expression, specifically the switch to N-cadherin expression during the fibre-differentiation process \[90\]. Jag1–Notch signalling has also been shown to be important in regulating secondary fibre differentiation through its role in maintaining a proliferative epithelial population in the germinative zone to provide precursors for fibre cells (see later section on epithelial cells; \[89–92\]). Consistent with FGF being the initiator of fibre differentiation, results from explant studies have shown that FGF induces Jag1 expression and Notch2 signalling. This is accompanied by induction of the Notch effector, Hes5, as well as upregulation of N-cadherin and downregulation of E-cadherin, which are characteristic of fibre differentiation \[90\].

(ii) Ephrin–eph signalling

Further evidence for cell–cell signalling in fibre differentiation comes from studies of human cataract, which showed that mutations in EPHA2, encoding a receptor tyrosine kinase, are associated with autosomal dominant congenital cataract and age-related cortical cataract \[93–95\]. Consistent with this, null mutation in mice of EphA2 or one of its ligands, Ephrin-A5 (EfnA5), also lead to cataracts \[95,96\]. Analyses of wild-type and EfnA5−/− lenses indicate that Ephrin–A5/EphA2 signalling regulates N-cadherin/β-catenin interactions, and thus adhesion and structure of the fibre cells \[96\]. However, the mechanisms by which this occurs are unclear.

3. FORMATION, MAINTENANCE AND PROLIFERATION OF THE LENS EPITHELIUM

As noted earlier, it is only relatively recently that attention has turned towards the lens epithelium. This layer has largely been thought of in terms of its role as a source of precursor of secondary fibres. However, the appreciation that aberrant growth of the epithelium is the basis of some forms of cataract (see \[97\] for review) has ensured renewed attention on factors that regulate its formation, maintenance and proliferation.

(a) Factors that regulate epithelial formation/maintenance

(i) Bone morphogenetic protein/activin signalling

Studies indicate that there is an interaction between FGF and BMP signalling during early lens induction. Mice expressing a dominant-negative FGFR in pre-lens ectoderm have delayed lens pit invagination, decreased lens pit cell proliferation and decreased ectodermal Pax6 expression, phenotypes which are all exacerbated by the presence of a Bmp7 null allele \[98\]. Further evidence of BMP signals in this process of early lens morphogenesis comes from studies that have conditionally ablated BMP receptors in the lens placode. Conditional deletion of Bmpr1a from the placode lens ectoderm using Le-Cre mice \[99\] leads to increased apoptosis of placode cells, but no apparent change in cell proliferation \[100\]. However, the loss of placode cells is insufficient to prevent lens formation and subsequently, at E13.5, the lenses appear smaller with reduced epithelial thickness. With postnatal stages, the epithelium is further thinned, fibre cell differentiation is attenuated and there appears to be

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abnormal persistence of epithelial cells along the posterior capsule [55]. By contrast, conditional deletion of Acvr1 in the presumptive lens ectoderm results in decreased proliferation of lens placode cells but no apparent induction of cell death, as is observed in Bmpr1a−/− lenses. Similar to Bmpr1a−/− mice, reduced placodal proliferation in Acvr1−/− mice is insufficient to affect lens formation, but results in smaller lenses owing to disrupted patterns of epithelial proliferation and fibre cell differentiation, as well as increased epithelial and fibre cell death [101]. An intriguing finding in the Acvr1−/− lenses was the failure of cells in the transitional zone and cortical fibres to properly exit the cell cycle. As Acvr1 can mediate both activin and BMP signals, Rajagopal et al. [101] examined lenses that were conditionally null for Smads that mediate BMP signals (Smad1, 5) or activin/TGFβ signals (Smad2) or the common Smad (Smad4). They found that mice null for Smad1, Smad5 or the common Smad4, but not Smad2, showed a similar cell cycle defect, suggesting that BMP rather than activin/TGFβ signals regulate epithelial cell cycle exit at the lens equator.

(ii) Wnt/β-catenin signalling

Members of the Wnt growth factor family have been shown in a number of organ systems to be key regulators of epithelial differentiation [102–105]. Wnt13 was the first Wnt to be detected in the chick lens [106]. Fz1, Fz2 and Fz7 were later detected in the chick lens placode [107]. The secreted frizzled-related proteins (sFRPs), which are Wnt signalling regulators, were also detected during mouse lens morphogenesis [108]. We subsequently showed that various Wnts, Fz receptors and Lrp5/6 co-receptors, as well as antagonists (Dkk, Sfrps) and the downstream Dvl proteins, are expressed in the differentiating mammalian lens during development [41,65,72,109].

Various studies have shown that regulation of canonical and non-canonical Wnt signalling pathways are important for eye induction [69,110,111]. Critically, the canonical Wnt/β-catenin pathway must be down-regulated in presumptive lens ectoderm for lens induction to occur [112,113], whereas activation of the antagonistic non-canonical Wnt pathways, for example by Fz3 over-expression in early Xenopus embryos, promotes eye induction [114]. Indeed, non-canonical Wnt4 signals appear to be required for eye formation in Xenopus [115]. However, the Wnt/β-catenin pathway does appear to play a role during later stages of embryonic lens differentiation. Impaired Wnt/β-catenin signalling in mouse embryos homozygous for a mutation in the Lrp6 gene results in abnormal lens development [109]. This defect becomes evident at E13.5 when the anterior lens vesicle cells fail to form a normal confluent sheet of polarized epithelial cells. Some cells in this vicinity also show abnormal accumulation of the fibre-specific marker β-crystallin. As a result of the epithelial deficiency, the fibre cells typically extrude into the corneal stroma (figure 7). Similarly, mice conditionally null for β-catenin (Cantb) from E13.5, also have a deficient lens epithelium due to dysregulated cell cycle progression but not cell death [43]. Intriguingly, the epithelial cells precociously exit the cell cycle, indicated by the expression of p57Kip2, a cyclin-dependent kinase inhibitor and early fibre differentiation marker [116], and showed abnormal expression of c-maf, a transcription factor known to regulate β-crystallin [117]. Despite the presence of these fibre cell markers, no aberrant expression of β-crystallin was detected in epithelial cells of these mutant lenses [43]. Both the Lrp6 null and Cantb conditional null mice indicate that Wnt signalling is central to regulating lens epithelial phenotype and prevents precocious cell cycle exit and initiation of fibre differentiation.

Further evidence that Wnt activity regulates the epithelial phenotype comes from a recent study where the activity of the Wnt/β-catenin pathway was activated in lenses by either truncating the Apc gene or by deleting exon 3 of the Cantb gene [44]. Both mutations prevent proteasomal degradation of β-catenin and thus result in constitutive activation of the pathway from E13.5. In these lenses, there is enhanced epithelial cell cycle progression and a failure of epithelial cells at the equator to exit the cell cycle and initiate fibre differentiation (figure 3). The epithelial cells populate the posterior fibre compartment of the lens and continue to express epithelial markers (E-cadherin, Pax6) and fail to properly initiate the expression of fibre markers (p57Kip2, c-Maf, β-crystallin). Subsequently, the mutant epithelial cells undergo abnormal differentiation (EMT) and apoptotic cell death.

Taken together these data indicate a requirement for Wnt/β-catenin signalling between E11.5 and E14.5 in the formation and maintenance of the anterior lens epithelium, particularly in regulating epithelial progenitors. Wnt/β-catenin signals also appear to play a role in regulating cell cycle exit (p57Kip2) and β-crystallin expression in fibre cells [40,43]. However, uncontrolled activation of this pathway disturbs the transition of epithelial cells into differentiating fibre cells at the equator. Thus, the interplay between Wnt and FGF signals and tight regulation of the level of Wnt/β-catenin signals at the lens equator may be crucial for determining the timing of epithelial cell cycle exit and fibre cell differentiation. What is not clear is whether Wnt/β-catenin signalling is required beyond these embryonic stages, as known reporter systems indicate no activity beyond E14.5, and mutations of the pathway have not been conducted at later stages.

Once the epithelial sheet has formed, maintenance of its normal structure and function depends on cells remaining attached to the lens capsule. Comparison of mammalian-derived lens epithelial cells maintained in vitro on their capsule (explants) with dissociated cells reveal that in the absence of normal capsule attachment, cells undergo major phenotypic changes and, unlike explants, do not respond appropriately to fibre-differentiation stimuli [118–120]. Consistent with this, loss of integrin signalling by deletion of α3 and α6 integrins [121,122], or deletion of integrin-linked kinase [123] or β1 integrin [124] leads to loss of epithelial cells by decreased proliferation, apoptosis and abnormal differentiation (EMT). Preliminary studies suggest that signalling by integrin-linked kinase is also required for complete
activation of MAPK and PI3K/Akt pathways [125]. Various secreted factors in the aqueous also appear to be important for regulating these pathways and epithelial proliferative activity.

(b) Factors that regulate epithelial proliferation

As discussed earlier, a multitude of growth factors in the vitreous humour influence lens fibre differentiation, with FGFs providing the primary and essential inductive cue [4]. While characterization of growth factors in the aqueous humour is incomplete, various growth factors have been identified and shown to play similar or overlapping roles in lens cells. FGF [8,126], PDGF [127,128], IGF [30,129], hepatocyte growth factor (HGF) [130,131], TGF-α [132] and EGF [133] are some of the mitogenic growth factors found in aqueous. Various secreted factors in the aqueous also appear to be important for regulating these pathways and epithelial proliferative activity.

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induced cell proliferation also appears to be due to a combination [134] of growth factor signals, of which FGF plays a central role. Analysis of aqueous-induced responses in lens epithelial explants typically showed induction of ERK phosphorylation for up to 6 h. This could be mimicked by a 'low' dose (5 ng ml\(^{-1}\)) of FGF but not by PDGF, IGF or EGF, which only stimulated ERK phosphorylation for up to 1 h. By specifically blocking FGF, PDGF and IGF receptors, we assayed the contribution of each of these growth factors to the aqueous-induced ERK1/2 phosphorylation profile and showed there are at least two phases of ERK1/2 phosphorylation, with the early phase dependent on IGF and/or PDGF and the later phase dependent on FGF [134]. Selective FGFR inhibition reduced the extended 6 h period of aqueous-induced ERK phosphorylation to 20 min. By contrast, selective inhibition of IGFR or PDGFR blocked the early 20 min phase, but not the later, extended phase of ERK phosphorylation. Furthermore, none of the growth factor receptor inhibitors completely blocked aqueous-induced lens cell proliferation on their own. Complete block of aqueous-induced lens cell proliferation required the presence of FGFR inhibitor in combination with one or more of the other inhibitors [134]. These data not only support a role for multiple mitogens in aqueous regulating lens cell proliferation, but also demonstrate that FGFR signalling is necessary for this process in rat lens epithelial explants. Consistent with FGFs being required for lens development in vivo, a recent study has shown that conditional ablation of Shp2, an adaptor protein critical for FGFR signal transduction, resulted in decreased ERK-activation and epithelial cell proliferation in murine embryonic lenses, as well as increased apoptosis in these epithelial cells [24].

In addition to exogenous factors from ocular media, endogenous cell-cell signalling appears to have an important role in regulating the proliferative epithelial cell population in the germinative zone. Recent studies have shown that Notch signalling is required for maintaining a population of proliferative epithelial cells. Conditional knockout of the Notch signalling regulator, the DNA-binding protein RPB-Jk, results in premature exit from the cell cycle and a diminished supply of epithelial progenitor cells for secondary fibre differentiation [91]. Evidence from several studies now indicates that this regulation is mediated by unidirectional Notch signalling, activated by Jag-1-expressing fibre cells [89,90,92].

4. FINE-TUNING OF FIBROBLAST GROWTH FACTOR SIGNALLING

From the molecular studies described above, it is clear that lens cells are exquisitely sensitive to FGF signals and that the level of activity needs to be finely tuned in the two cellular compartments of the lens. While much of this regulation may be at the level of FGF bioavailability in ocular media and receptor expression, more recent studies have identified important intracellular regulators and particularly selective endogenous antagonists, whose significant function is only starting to be appreciated. Not surprisingly, several such antagonists such as Sef, Sprouty1, Sprouty2 [135] and the Spreds [136] have been shown to be expressed in lens in similar patterns, with greatest expression in the epithelium and declining as fibre cells begin to differentiate [135].

To date, there are no reports of ocular defects in mice deficient for Sef [137,138], suggesting that there may be some functional redundancy between the negative regulatory molecules in the lens (Spry1/2 and the Spreds). However, over-expression studies in transgenic mice show that Sef effectively blocks fibre cell differentiation [138]. Microphthalmia in Sef transgenic mice results from a failure of primary and subsequently secondary lens fibre cells to elongate, leading to retention of a lens vesicle, similar to that observed in mice with impaired FGFR signalling [17], suggesting that Sef antagonizes this pathway. Although lens cell elongation is perturbed, \( \gamma \)- and \( \beta \)-crystallins are still expressed [138], suggesting that Sef over-expression in vivo has similar uncoupling effects on fibre cell elongation and crystallin gene expression as does pharmacological inhibition of

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ERK activation in vitro [21,23]. This is consistent with Set’s ability to not only block FGFR signalling but also to negatively regulate ERK1/2 signalling [139]. The precise roles played by these antagonists in the lens are still uncertain, but there is increasing evidence that molecules such as Spry2 are potent modulators of receptor tyrosine kinases and MAPK/ERK1/2 signalling [24], and thus lens development. Further mechanistic studies manipulating their expression or activity, either independently, or in combination, will be required to identify how key growth factor signalling pathways promote the maintenance and behaviour of lens cells.

5. CONCLUSIONS AND PERSPECTIVES FOR FUTURE STUDIES
The anterior and posterior ocular environments clearly play determining roles in ensuring promotion and maintenance of epithelial and fibre phenotypes, respectively. There is now a wealth of evidence that points to the fibre-differentiating activity of vitreous being due to its ability to promote a high level of FGF signalling. However, studies also show that while FGF signalling is very effective and necessary for initiating and promoting fibre differentiation, it is not sufficient. Evidence is growing for important roles of other growth factor signalling pathways. So far, signals mediated by TGFβ and Wnt/Fz families appear to have roles in regulating aspects of fibre differentiation. Much work needs to be done to elucidate the roles of these different factors and how they cooperate to regulate the required signalling networks. This will not be a simple matter because of the extent and complexity of the processes involved in transforming a relatively small (approx. 10 μm tall) epithelial cell into a highly specialized, millimeter-long, fibre cell that undergoes progressive structural and functional changes as it becomes further displaced from the lens surface during its lifetime.

Apart from roles for canonical Wnt and Notch signalling at embryonic (E11.5–14.5) stages, little is known about other factors or signals required to promote formation of lens epithelium from anterior lens vesicle. However, once established in a confluent sheet, all indications are that the epithelial cells are relatively efficient at maintaining themselves provided they are not disturbed. For this, ECM interactions are also central to the directed migration that fibre cells undergo at their basal ends to form posterior sutures.

In addition to the need to know more about lens cell–ECM interactions, the studies on Notch and Ephrin signalling also remind us of the importance of cell–cell interactions, particularly those between epithelial and fibre cells. These reciprocal interactions are likely to be required for promoting and maintaining both lens cell phenotypes. A better understanding of epithelial–fibre interactions will provide foundations for minimizing post-cataract surgery complications and devising strategies for promoting lens regeneration after cataract surgery.

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