Microglia constitute as much as 10–15% of all cells in the mammalian central nervous system (CNS) and are the only glial cells that do not arise from the neuroectoderm. As the principal CNS immune cells, microglial cells represent the first line of defence in response to exogenous threats. Past studies have largely been dedicated to defining the complex immune functions of microglial cells. However, our understanding of the roles of microglia has expanded radically over the past years. It is now clear that microglia are critically involved in shaping neural circuits in both the developing and adult CNS, and in modulating synaptic transmission in the adult brain. Intriguingly, microglial cells appear to use the same sets of tools, including cytokine and chemokine release as well as phagocytosis, whether modulating neural function or mediating the brain’s innate immune responses. This review will discuss recent developments that have broadened our views of neuro-glial signalling to include the contribution of microglial cells.

1. Introduction

The central nervous system (CNS) comprises a network of intimately associated cells—neurons and macroglia—that are pervaded by a dense vascular network and both perivascular and parenchymal macrophages. Among the latter, the largest, most extensively studied and still most controversial group are microglial cells [1–3]. Microglia serve as the innate immune effectors of the brain, in that they can eliminate antigens without triggering inflammatory responses that might otherwise interfere with homeostatic neural functions [4]. Traditionally, it was believed that the functions of microglia were limited to those attributed systematically to macrophages, i.e. the phagocytosis of pathogens and cell debris, and the mediation of local inflammatory responses [5,6]. However, the recent demonstration that microglial cells in the healthy, intact brain constantly survey their microenvironment [7] fundamentally broadened our conception of the capabilities of microglia. This new perspective has led to a series of studies that have identified a prominent role for microglia in normal homeostatic brain functions [8,9]. It now seems apparent that microglial cells function as important sources of trophic support, essential for neuronal survival and circuitry formation [10]. In addition, microglia-mediated phagocytosis of synaptic terminals and newborn neurons plays a key role in shaping neural circuitry, both at early postnatal stages [11–14] and in adult neurogenic niches [15]. This review discusses recent findings in regards to microglial physiology, which have deepened our understanding of the mechanisms by which microglia enter and establish themselves as resident cells in the CNS. We also discuss studies that have applied advanced imaging techniques to demonstrate that microglia are dynamic elements in the normal healthy brain, which play critical roles in fine-tuning of neural circuits.

2. Microglia as cellular elements in the central nervous system

In a series of studies spanning 1919–1932, the neuroanatomist Rio-Hortega developed the modern conception of microglia, the third CNS element that was...
originally identified by Ramón y Cajal, along with neurons and astrocytes [3,16]. Studying brain tissue obtained from patients affected by neurological diseases, Rio-Hortega described the salient features of microglia, largely using silver impregnation techniques. His studies showed that these mesoderm-derived cells enter the brain during early stages of development, displaying amoeboid morphology, and use blood vessels and white matter (WM) tracts to guide their invasion. Once established, microglia achieve a branched ramified morphology, which is stable; at this stage, the cells are referred to as ‘resting’ microglia. Like astroglia, each microglial cell occupies a defined domain and they are evenly distributed throughout the brain (figure 1a,b). However, microglia retain migratory and proliferative capacities in pathological conditions. Activated microglia undergo morphological transformations, reacquiring the amoeboid phenotype—its ‘activated’ status—able to exert phagocytosis [16] (figure 2a).

These observations by Rio-Hortega, which are detailed in the following sections, have over the years been confirmed by multiple groups. Nevertheless, microglial cells were first described as a distinct cell type in the CNS by Nissl, Alzheimer and Merzbacher [3,16]. Combined, these influential studies defined microglia as ‘pathological’ elements in the CNS, a concept that has proved to be true in a number of neurological diseases [26]. Nonetheless, recent studies have also highlighted the manifold functions of microglia in normal physiology [7,10,11,13,14,27,28].

(a) The origins of microglia
Rio-Hortega believed that microglia derived from mononuclear cells present in the circulating blood [16]. However, some studies claimed that microglia could be obtained from
microglia establish critical synapse contact [25] and phagocytose a great part of newly generated neuronal precursors in the hippocampus [15].

CX3CR1 signalling pathway [13] and through C3/CR3 cascade [14]. In the adult CNS, although the molecules mediating non-classical microglia functions remain elusive, shown to be an important trophic source for neurons (IGF-1/IGF-1R [10]) and phagocyte newborn neurons in the cerebellum [11], and act on synaptic pruning via FKN/CX3CR1 [22]. In vivo, microglial cells have been shown to be an important trophic source for neurons (IGF-1/IGF-1R [10]) and phagocyte newborn neurons in the cerebellum [11], and act on synaptic pruning via FKN/CX3CR1 signalling pathway [13] and through C3/CR3 cascade [14]. In the adult CNS, although the molecules mediating non-classical microglia functions remain elusive, microglia establish critical synapse contact [25] and phagocytose a great part of newly generated neuronal precursors in the hippocampus [15].

Figure 2. Microglia classical and non-classical functions. (a) Toxic stimuli trigger microglial activation, which reacquire their migratory capacity and reassert the amoeboid morphology. Activated microglia release proinflammatory cytokines and superoxides that mediate phagocytosis of damaged cells. Under severe conditions, microglia-released proinflammatory cytokines recruit circulating monocytes, which can enter the CNS through disrupted blood–brain barrier. (b) Alternative functions have been proposed for microglial cells and microglia-released molecules in the physiological conditions. Microglia act as pivotal synapse regulatory elements through the release of neurotransmitters, such as glycine [20] and ATP [21], chemokine signalling (FKN/CX3CR1 [22]) and cytokines (TNF-\( \alpha \)). Microglia–synapse interaction in vitro [20,21] as well as in vivo [22] toxic stimuli CNS functions

(b) Microglia entry into the central nervous system: routes and mechanisms

Rio-Hortega proposed the meninges as a route of entry of microglial precursors [16]. This hypothesis was later confirmed in studies that have shown microglial cells invading the cerebral cortex (Ctx) through the pial surface during development [37–41]. However, subsequent studies have shown that alternative pathways are also used by microglia cells to enter the CNS, including the vasculature and ventricular layers as well as the meninges [42]. Consistent with their myeloid origin, the development of functional blood vessels is a prerequisite for microglial precursors’ recruitment into the embryonic brain [18], but microglial cells also enter regions of the developing CNS devoid of vascularization. Instead, microglia reach the parenchyma from the ventricles, as monocyte/macrophage lineage cells, which are distributed in the ventricular lumen [1], were shown to transverse its surface [39,40,43] (figure 1c).

The mechanisms underlying microglia recruitment into the CNS have also been assessed. Colony-stimulating factor 1 (CSF-1) was originally shown to act in vitro as a microglia chemoattractant [44]. This work was extended in vivo by the finding that CSF-1, and its receptor CSF-1R, as well as interleukin...
The classical role of microglia as immune effectors has been extensively studied. Microglial cells continuously monitor the neural parenchyma and any disturbance or loss of CNS homeostasis (e.g. infection, trauma, ischaemia, neurodegenerative diseases or altered neuronal activity) evokes morphological changes and alterations in the gene expression pattern of microglia, a process called microglial activation [16] (figure 2a). This surveillance system relies on several pattern recognition receptors expressed by microglia (reviewed in [65,66]), which recognize pathogen-associated molecular patterns (PAMPs) and detect altered features of soluble and insoluble factors released by damaged cells (damage-associated molecular patterns, DAMPs) [67–71]. Under these circumstances, microglia trigger innate defence mechanisms, which promote the internalization and phagocytosis of toxic stimuli, mediated by the production of extracellular superoxide [72] and the release of proinflammatory compounds [73–75]. If microglia cannot eliminate PAMPs or DAMPs they will phagocytose the damaged cells, and under extreme conditions circulating monocytes are recruited into the CNS through a disrupted BBB [4,16,76–80] (figure 2a).

3. Cytokines and chemokines: microglial immunomediators or more?

Microglial immune effector functions are dependent upon the release of cytokines, small proteins that act on membrane receptors to trigger recipient cell responses, both autocrine and paracrine in nature; though local effectors, they may act distantly as well, carrying biological information through body fluids [81]. Among these molecules, a group of chemotactic cytokines—the chemokines—promotes cell migration or arrest, modulating the spatio-temporal positioning of target cells under both physiological and pathological conditions [71]. Importantly, chemokines are key regulators of both apoptosis and microglia-mediated phagocytosis [82]. Despite their historical association with haematopoietic cells and immune physiology, these microglial signalling proteins act upon many cell types and within the CNS. Several cytokines and their respective receptors have been described in neural cells, including tumour necrosis factor α (TNF-α), interferons (IFNs), interleukins (ILs), transforming growth factor β (TGF-β), macrophage colony-stimulating factor (M-CSF) and granulocyte-macrophage colony-stimulating factor (GM-CSF) [81,83,84]. Of note, chemokines are not only expressed by microglia but are also secreted by neurons and macroglial cells. They comprise 50 distinct peptides, which are divided into four families: CXC, CC, XC and CX3C, according to the sequence motif of conserved N-terminal cysteine residues.
late along callosal and subcerebral tracts, which project and colleagues have shown that microglial cells accumu-
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Notwithstanding the complexity of cyto- and chemokine signalling pathways, upon microglial activation a character-
homeostasis resumption or neural damage. It is not uncommon, however, for the same cytokine to be assigned antagonistic roles as pro-
the establishment and function of neural circuits (figure 2b).

4. Microglial cells as a dynamic element in the central nervous system
For decades, microglia were thought to rest in a dormant state. Structural modifications, such as motile branches or cell soma migration, were shown to only occur in association with microglia activation [91,92]. Remarkably, however, the use of the transgenic mice that has one of the fractalkine (FKN) receptor loci replaced by the reporter gene encoding the green fluor-

5. Microglial functions on central nervous system wiring
(a) Microglial regulation of synaptic activity
In vitro studies have shown that microglia are endowed with a wide range of receptors for neurotransmitters, neuromodulators, including adrenergic receptors, metabotropic and ionotropic glutamate and γ-aminobutyric acid (GABA) receptors, dopamine receptors, bradykinin receptors and several types of purinoreceptors (reviewed in [16,95]). These receptors enable microglia to detect ongoing neuronal activity. The importance of microglia–synapse interactions is further substantiated by studies that demonstrate microglial cell release of signalling molecules that modulate synaptic plasticity. For example, the inhibitory neurotransmitter glycine, detected in conditioned media (CM) obtained from microglia cultures, is the putative mediator of the facilitation of long-term potentiation (LTP) in Schaeffer collaterals via N-methyl-D-aspartate receptor (NDMA) activation. NMDAR activation is evidenced by an increased CamKII immunoreactivity in CA1 neurons, upon stimulation (25 Hz), and in the presence of microglia CM [20]. LTP seems also to be dependent on FKN/CX3CR1 signalling. In CX3CR1 knockout mice (CX3CR1ko), the lack of the constitutive ‘calming’ signalling pathway established between neurons and microglia [82,95] triggers microglial activation, increasing the levels of IL-1β via MAP kinase p38 activation, and also the levels of TNF-α. As a result of microglial activation, CX3CR1ko mice exhibit deficiencies in both associative and spatial memory, resulting from a reduction in LTP-mediated synaptic plasticity [22].

In addition to modulating LTP, microglia have emerged as crucial participants in homeostatic synaptic scaling. TNF-α increases the expression of neuronal AMPA (α-amino-3-hydroxy-5-methyl-4-isoxazole propionic acid) receptors [96,97] and modulates the traffic of both AMPA and GABA_A receptors [23]. The increased expression of AMPA receptors triggered by TNF-α potentiates synaptic strength, detected as an increase in the amplitude of miniature excitatory postsynaptic currents (mEPSCs) in hippocampal slices [23]. TNF-α is also critical for synaptic plasticity in the visual cortex. In TNF-αko mice, the homeostatic synaptic scaling of mEPSCs is blocked, thus hampering the ocular dominance plasticity that follows the marked decrease in synaptic activity triggered by eye-occlusion [24].

Microglial activation also has less direct effects on the modulation of synaptic transmission. Hippocampal slices treated with lipopolysaccharide (LPS) show a transient increase in the frequency of AMPA receptor-dependent spontaneous excitatory postsynaptic currents (EPSCs). This increased EPSC frequency is associated with microglial activation and is modulated by ATP, which is released by microglia in response to LPS. This microglial-released ATP acts as signal to local astrocytes, which is transduced via the astrocytic purinoceptor P2RY1 [21]. Astrocytic P2RY1 activation in turn versus ‘activated’ microglia and enabled the discovery of new and unexpected roles for microglial cells in the CNS. In the following sections, we provide an overview on the exaptation of typical functions of activated microglia such as proinflamma-
tory cytokines release and phagocytosis, which are crucial for the establishment and function of neural circuits (figure 2b).
triggers glutamate release [98,99], which yields an increased frequency of EPSCs, through the activation of mGlur5 in astrocytes [21]. By means such as this, microglial activation may modulate both the threshold and intensity of synaptic activity in local networks.

(b) Microglia–synapse interactions are crucial for neural circuitry integration

In vivo studies have shown that proper microglia–synapse interactions have physiological consequences for both neural circuitry establishment and functioning. In adult mice, Wake and colleagues showed that microglial processes distributed through cortical layers II/III make specific and direct contact to synaptic terminals. Microglia–synapse contacts are established in an activity-dependent manner: deprivation of visual stimuli trigger an acute retraction of microglia processes within the visual cortex, and the frequency of these microglia–synapse contacts was significantly reduced upon spontaneous neuronal activity impairment induced by tetrodotoxin (TTX) or reduction of body temperature. Interestingly, prolonged microglia–synapse contacts were observed upon middle cerebral artery occlusion, and the majority of synaptic terminals contacted for longer periods by microglia remained intact [25], possibly suggesting a protective role for microglia in ischaemic regions.

The establishment of microglia–synapse contacts seems to be modulated at the onset of neural circuitry development, as originally demonstrated by Tremblay and colleagues. They took advantage of the critical period of development of the visual cortex, in which the establishment of connections between layer II and V1 neurons become sensitive to exogenous stimuli. At the peak of critical period sensitivity, at postnatal day 28, they noted an increase in both the density of microglial cells, and in the area occupied by microglial processes in the visual cortex. These results revealed dynamic interactions of microglia, which contact multiple synapse-associated elements, as visualized by electron microscopy and two-photon imaging. Remarkably, visual stimuli deprivation promotes microglia accumulation around larger dendritic spines that undergo shrinkage due to degeneration, preceding their engulfment by microglia. By contrast, when deprivation ceases, microglia cells tend to contact spines that transiently grow, similar to what is observed in control animals [12].

(c) Microglial functions on synaptic pruning

Another key function performed by microglial cells during neural circuitry establishment is synaptic pruning. In the hippocampus of juvenile mice, fragments of PSD95—a marker of excitatory postsynaptic density—were observed inside clathrin-coated and non-clathrin-coated vesicles of CX3CR1+ cells, demonstrating that microglia actively engulf synaptic material [13]. The role of microglial cells on synaptic pruning seems to be pivotal for hippocampal circuitry maturation; deficiencies of FKN/CX3CR1 signalling in CX3CR1ko mice result in a markedly reduced frequency of spontaneous excitatory postsynaptic potential currents (sEPSC). Furthermore, in CX3CR1ko mice, long-term depression (LTD) upon Schaeffer collateral stimuli was enhanced. Moreover, at neonatal stages, it has been shown that mice lacking FKN signalling are more susceptible to seizures [13]. Notably, the reduced synaptic pruning at neonatal stages results in persistent deficits detected as a reduced number of multi-synapse boutons in the hippocampus of adult CX3CR1ko mice. These structural changes appear to hamper brain connectivity, resulting in lack of synchronization of oxygen consumption and neuronal activity in the hippocampus and prefrontal cortex. In turn, such deficits in brain connectivity have been reported to impair social interaction and increase grooming behaviour [100].

Microglia also engulf presynaptic inputs during retinogeniculate formation [14]. At neonatal stages, retinal ganglion cells establish synaptic connections with thalamic neurons, localized in the dorsal lateral geniculate nucleus (dLGN) [101–103], and spontaneous retinal activity plays critical role in the refinement of this circuitry [104–108]. Microglial cells specifically engulf presynaptic terminals, characterized by the lack of mitochondria and expression of the vesicular glutamate transporter VGlut2, at the peak of retinogeniculate pruning (P5). As previously observed in the cerebral cortex, microglia engulfment of synaptic elements also occurs in an activity-dependent manner, and either blockade or increase in neuronal activity by TTX and forskolin, respectively, augmented the engulfment of synaptic elements in the retinogeniculate nucleus. The mechanisms underlying synaptic pruning have also been characterized in a series of elegant experiments. Synaptic material engulfment by microglial cells relies on the complement component 3 (C3) and its receptor CR3, whose expression levels are increased at P5 in synapses within the dLGN [14,109]. Markedly, the disruption of this signalling pathway leads to malformation of retinogeniculate circuitry [14]. Accordingly, complement components were also shown to play a key role on microglial-mediated clearance of neurites in vitro. Linnartz and colleagues [110] have shown that enzymatic removal of sialic acid residues from cultured neurons triggers the binding of microglia-derived opsonin C1q to neurites. In turn, microglial cells recognize alterations in neuronal glycocalyx and phagocytose these structures via C3R. These results suggest that molecules present in neuronal glycocalyx are key elements in the modulation of microglia-mediated phagocytosis during synaptic pruning [110,111].

(d) Microglia-mediated phagocytosis and neural circuitry shaping

Microglia-mediated phagocytosis of newborn neurons also has been shown as an important process for the shaping of neural circuitry. During development, programmed cell death occurs among several cells of neuronal lineage [112]. These cells undergo apoptosis, triggered by proteolytic cascades mediated by caspases, resulting in DNA fragmentation and membrane blebbing [113,114]. These apoptotic cells include both postmitotic neurons and proliferating neuroblasts that are effectively removed from CNS parenchyma by microglia. In the developing cerebellum, the microglial release of superoxides triggers cell death in a fraction of newborn neurons, and the resulting apoptotic cells (caspase3+) are phagocytized by microglia [11].

Interestingly, in the adult CNS, microglial-mediated phagocytosis of apoptotic neuroblasts also occurs. In the mammalian brain, two discrete regions exhibit persistent neurogenesis: the subgranular zone (SGZ) in the dentate gyrus of the hippocampus and the SVZ, which lines the walls of the LVs [115–117]. Postnatally generated cells include glutamatergic and GABAergic neurons that populate the dentate gyrus of the hippocampus and are integrated into neural circuitry during learning and memory formation processes. Alternatively,
neuroblasts generated in the postnatal SVZ migrate through a long pathway, the rostral migratory stream, towards their final destination in the glomerular and granule cell layers of the olfactory bulb (OB) [118]. Within the OB, neuroblasts differentiate into GABAergic and to a lesser extent glutamatergic cells, which are integrated as juxtatalomerual neurons [115,119,120]. These two neurogenic sites both harbour neural stem cells that in turn give rise to more rapidly dividing transit-amplifying cells (TACs). These rapidly dividing TACs in turn generate lineage-restricted neuroblasts, which are functionally integrated into neuronal circuits [115,121]. Yet despite the abundant production of new neurons in these adult germinative zones, only a small proportion of newborn cells are functionally integrated [122]. The majority of neuronal precursors generated in the hippocampal SGZ undergo apoptosis at early stages, during the transition from TACs to neuroblasts, and these newborn cells are phagocytosed by microglia [15]. Notably, the mechanisms underlying the microglial phagocytosis of newborn cells in this neurogenic niche remain elusive. Tyro3, Axl and Mer (TAM) receptor tyrosine kinases and their ligands Gas6 and protein S have been shown as key elements for the efficient phagocytosis of apoptotic cells in the mature immune, nervous and reproductive systems [123]. As such, the activity of these signalling pathways might govern microglial-mediated phagocytosis in this adult neurogenic niche. Moreover, whereas several studies have addressed the roles of microglia in shaping adult hippocampal circuitry, few have addressed the potentially analogous functions of microglial cells in the SVZ and OB [121,124,125]. Indeed, both the functions of microglia and regulation thereof in these extensive neurogenic niches remain unclear.

6. Concluding remarks

For several decades, microglia were considered the brain immunoeffector cells, chiefly in charge of antigen removal from the neural parenchyma. There is no doubt that microglia play important protective roles in the setting of acute CNS injury. It is also likely that microglial activation ultimately can hamper CNS health in the setting of prolonged activation, such as described in Alzheimer’s disease. The fine balance between protective and harmful effects of microglia activation have been discussed in several excellent reviews [6,16,26,89,90]. However, the observation that microglia cells dynamically survey the healthy, intact brain [7] represented a turning point in microglial studies. Many subsequent studies have broadened the implications of this observation and it is now established that microglial cells are critically important for neural circuitry establishment during development. Microglial cells are in intimate contact with both neural projections and synapses. Interestingly, microglia use the same machinery, including cyto- and chemokine release as well as phagocytosis, to shape and refine neural connections. These observations question the dichotomy of ‘resting’ versus ‘activated’ microglia, as well the limited view of microglia as immune effectors and, in so doing, place microglia as integral elements of the CNS.

References

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