Various molecular and cellular pathways are active in eukaryotes to control the quality and integrity of mitochondria. These pathways are involved in keeping a ‘healthy’ population of this essential organelle during the lifetime of the organism. Quality control (QC) systems counteract processes that lead to organelar dysfunction manifesting as degenerative diseases and ageing. We discuss disease- and ageing-related pathways involved in mitochondrial QC: mtDNA repair and reorganization, regeneration of oxidized amino acids, refolding and degradation of severely damaged proteins, degradation of whole mitochondria by mitophagy and finally programmed cell death. The control of the integrity of mtDNA and regulation of its expression is essential to remodel single proteins as well as mitochondrial complexes that determine mitochondrial functions. The redundancy of components, such as proteases, and the hierarchies of the QC raise questions about crosstalk between systems and their precise regulation. The understanding of the underlying mechanisms on the genomic, proteomic, organelar and cellular levels holds the key for the development of interventions for mitochondrial dysfunctions, degenerative processes, ageing and age-related diseases resulting from impairments of mitochondria.

1. Introduction

Maintaining the integrity of the individual functional cellular units of any biological system is the key for its proper function. Various pathways evolved to exert quality control (QC). The individual pathways are effective at different stages of QC from single amino acids to a protein, to organelles and whole cells. They constitute a complex network in which they appear to interact in a hierarchical order. Impairments in this network lead to adverse effects, including disease and ageing.

Mitochondria are eukaryotic organelles involved in various essential functions including energy transduction, iron/sulfur cluster synthesis, lipid metabolism and copper homeostasis. Mitochondria need an efficient QC system because they generate a dangerous superoxide anion radical as a by-product of respiration. The superoxide anion radical can be converted to other types of reactive oxygen species (ROS) [1,2]. ROS are essential at low levels for molecular signalling but increased levels are toxic since they can damage virtually all biomolecules including lipids, proteins and nucleic acids. In fact, the toxic features of ROS and their generation in mitochondria led to the suggestion that mitochondria are the ‘clock’ involved in determining the lifespan of biological systems [3]. The notion that mitochondrial ROS are the root cause of ageing is currently questioned because of many contradictory data that accumulated over the years [4,5]. However, a contributing role of ROS to ageing of biological systems and in onset of diseases is generally accepted [5–7].

In this review, we focus on the components of the mitochondrial QC system, their function and interactions. We describe the impact of genetic mutations on
degenerative processes including biological ageing, neurodegenerative and age-related disorders and describe mutations that impair QC function.

2. Mutations in mtDNA in relation to ageing and disease

Mitochondria are semi-autonomous organelles. In mammals, an estimated 1200–1500 proteins of this organelle are encoded by both the nuclear DNA and the mitochondrial DNA (mtDNA) [8,9]. In humans, only 13 proteins involved in oxidative phosphorylation (OxPhos) are encoded by the mtDNA along with a set of 22 tRNAs and the two rRNAs necessary for the mitochondrial protein synthesis. Preserving the integrity of the genetic information for mitochondrial proteins in both the nucleus as well as in mitochondria is essential and mtDNA mutations have been associated with complex neurodegenerative diseases [10,11]. mtDNA instability was found to be responsible for degenerative processes, first in lower organisms and later also in mammals [12–16]. Both point mutations and large-scale mtDNA events (table 1) typically accumulate during ageing. Keeping the mtDNA unchanged is a basic requirement for maintaining the mitochondrial ‘health’ over time.

(a) mtDNA reorganization in eukaryotic cell systems

The first molecular evidence for age-related reorganization of mtDNA is derived from the fungal ageing model Podospora anserina [23]. This fungus is characterized by a limited lifespan and a senescence syndrome [24]. Senescence turned out to be correlated with a massive reorganization of the mtDNA [12,25]. The mtDNA reorganization is very efficiently driven by an unusual mobile genetic element. In juvenile cultures, the genetic element is an integral part of the mtDNA [26,27]. In senescent cultures, it accumulates as a covalently closed circular DNA. It was termed plasmid-like (pl) DNA or aSen DNA [28,29]. Subsequently, the autonomous element reintegrates into the mtDNA leading to large reorganizations [30]. In senescent cultures, mtDNA reorganizations may result in deletion of large parts of the mtDNA [26,31]. These reorganizations are found in all wild-type strains of P. anserina and seem to be the cause of senescence. A number of modulators affect the efficiency and the rate of reorganization. Modulators are encoded by nuclear genes and by mitochondrial traits. One such mitochondrial maternally inherited trait was first described in P. anserina in a longevity mutant. The modulator, linear plasmid pAL2-1, encodes DNA and RNA polymerase and contains long terminal inverted repeats [32–37]. Remarkably, the presence of pAL2-1 delays the wild-type-specific, age-related mtDNA reorganization leading to a 12-fold lifespan extension. Also in other filamentous fungi, in particular different Neurospora species, mtDNA reorganizations were linked to senescence and organismal death [38,39]. These mtDNA instabilities are linked to the activity of either circular mitochondrial plasmids, such as Mauriceville-1c and Varkud-1c, or linear plasmids, such as kalilo and maranhar [13,40,41]. The latter resemble in their structure the pAL2-1 invertron of P. anserina. Essentially, all elements act as efficient mutator elements resulting in mtDNA reorganization and accumulation of defective mtDNA leading to senescence and death.

(b) mtDNA reorganization in mammalian systems

First evidence for age-related mtDNA reorganizations in mammals was obtained by heteroduplex analysis of mtDNA isolated from rodents of different ages that revealed an age-dependent increase in mtDNA deletions and/or duplications [42]. Subsequently, age-related mtDNA deletions were reported in other organisms including humans [43–45]. The mtDNA deletions found in mice [46] and mitochondrial myopathy patients [47] affected only a subset of the mtDNA copies in the cell (heteroplasmy). Similar results were observed in a patient carrying the m.11778G > A mutation, causing Leber’s hereditary optic neuropathy (MIM:535000) [48]. It is now recognized that only those mtDNA deletions in muscle that exceed a certain heteroplasmy threshold (proportion of mutated mtDNA molecules) cause a biochemical defect in OxPhos enzyme activity [49]. For different mtDNA mutations in muscle, various heteroplasmy threshold effects have been observed, ranging from 67 ± 16% [50] to more than 90% [51]. These varying threshold effects are paralleled in other tissues [52–55] and trans mitochondrial cell lines [56–58]. At present, the majority (73%) of reported pathogenic mtDNA mutations are heteroplasmatic mutations [17].

The heteroplasmy threshold is determined by a combination of different levels of transcription, OxPhos enzyme activity and the biochemical effect on individual OxPhos complexes. For example, between 50% and 80% inhibition of individual complexes is required before the respiratory rate of mitochondria is affected [59]. The threshold effect is tissue-specific owing to a different expression of mtDNA mutations and the tissue-specific dependency on mitochondrial respiration, as shown for mt-tRNA mutations in muscle, blood and urothelium [55]. These factors contribute to various clinical manifestations of mtDNA mutations in human disease [60,61] and ageing [62]. Similar effects of mtDNA mutations on mitochondrial integrity have been observed during ageing and in mitochondrial disease [18,63,64].

(c) Clonal expansion of heteroplasmic mtDNA mutations during ageing

The occurrence of heteroplasmic mtDNA mutations in mitochondrial disease and accumulation of these mtDNA mutations with age [65,66] suggests that they are derived as clones from a single de novo mtDNA mutation. The process of increasing heteroplasmy with time is called clonal expansion and might occur owing to a selective advantage of damaged mtDNA molecules over healthy mtDNA genotypes (figure 1). Selective replication has been attributed to mtDNA size differences in single mtDNA deletion patients [48], intracellular heteroplasmy differences [67] or a reduced turnover rate of damaged mitochondria [68]. The latter two hypotheses view mitochondria as discrete organelles without the capability to exchange matrix content (figure 1) [69], but over longer periods of time mitochondrial fusion and fission may complement inter-mitochondrial differences. Clonal expansion of point mutations has also been observed in ageing mitotic tissues such as colon [62]. Recent modelling approaches support a size-based selective advantage, but only in long-lived species [70]. Another view is that clonal expansion is independent of a selection advantage of damaged mtDNA molecules, and that relaxed replication of mtDNA and constant turnover of mtDNA molecules causes random genetic drift of mtDNA mutations.
Table 1. Types of mitochondrial DNA rearrangements in neurodegenerative diseases and ageing [17]. Overview of the different types of mtDNA point mutations and mtDNA rearrangements reported in neurodegenerative diseases, mitochondrial diseases with neurological symptoms and ageing. The type of mutation, commonly affected tissue type, affected genes, heteroplasmy or homoplasmy status and the occurrence of the mutation type relative to other mutation types is given. M, mitotic; PM, post mitotic; NC, non-coding region; PC, protein coding region; tRNA, tRNA gene.

<table>
<thead>
<tr>
<th>mutation</th>
<th>involvement in neurodegenerative disease</th>
<th>involvement in ageing</th>
<th>reference</th>
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<tbody>
<tr>
<td></td>
<td>tissue</td>
<td>genes affected</td>
<td>hetero/homo</td>
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<tr>
<td>point mutations: transitions</td>
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<tr>
<td>A &gt; G</td>
<td>M/PM</td>
<td>NC/PC</td>
<td>tRNA a</td>
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<tr>
<td>G &gt; A</td>
<td>M/PM</td>
<td>NC/PC</td>
<td>tRNA a</td>
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<tr>
<td>C &gt; T</td>
<td>M/PM</td>
<td>NC/PC</td>
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<tr>
<td>T &gt; C</td>
<td>M/PM</td>
<td>NC/PC</td>
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<td>point mutations: transversions</td>
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<td>A &gt; T</td>
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<td>A &gt; C</td>
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<td>G &gt; T</td>
<td>M/PM</td>
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<td>T &gt; A</td>
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<td>mtDNA rearrangements</td>
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<tr>
<td>insertions</td>
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<td>NC/PC</td>
<td>tRNA a</td>
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<tr>
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<td>M/PM</td>
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<td>tRNA a</td>
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<td>multiple deletions</td>
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<td>NC/PC</td>
<td>tRNA a</td>
</tr>
<tr>
<td>duplication</td>
<td>M/PM</td>
<td>NC/PC</td>
<td>tRNA a</td>
</tr>
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</table>

*aThe affected gene and heteroplasmy level or homoplasmy is mutation specific.
*bHomoplasmy might be caused by full clonal expansion of a heteroplasmic mutant.
Random genetic drift requires a long lifespan for a single mtDNA mutation to occur and drift towards high-level heteroplasmy. For humans, these mutations would need to be inherited, subjected to a genetic bottleneck and purifying selection, or be fixed in early life. In mammalian species, such as mice and rats, random genetic drift is not sufficient as a general mechanism to explain clonal expansion. The mode of mtDNA selection is essential to understand the effect of clonally expanded mtDNA mutations on mitochondrial integrity during ageing and de novo mitochondrial disease.

(d) Preserving mitochondrial integrity by mtDNA repair

DNA is subjected to damage during ageing (figure 1): spontaneous hydrolysis forming either apurinic/apyrimidinic sites or deaminated uracil sites, oxidative lesions, non-enzymatic alkylation of DNA, mismatched bases or single- and double-stranded breaks. Formation of de novo mtDNA mutations is believed to be the result of increased mitochondrial oxidative stress and/or replication errors. In order to prevent deleterious consequences of these mutations, cells may either repair arising mtDNA mutations or shift the heteroplasmy of existing mutations below the phenotypic threshold effect.

Not all DNA repair pathways known for nuclear DNA exist in mitochondria, although advances in the field of mtDNA repair have changed the perspective that mtDNA was hardly repaired at all. For an extensive overview of mtDNA repair pathways, see [77,82,83]). Here, we focus on the role of mtDNA repair in ageing and disease.

Mitochondrial base excision repair (mtBER) is a pathway for repair of mtDNA oxidative lesions. Next to short-patch mtBER (repair of single bases), long-patch mtBER (removal of a string of several bases) is now also well documented in mitochondria. Mechanisms of nuclear BER (nBER) and mtBER are similar and many of the proteins active in the nucleus have also been identified in the mitochondria. Many of the BER enzymes are essential for cellular viability, and conditional BER knockout models show severe mtDNA depletion.

The nucleus uses an array of DNA binding proteins with specialized tasks in DNA maintenance, but mitochondria use only their subset. For instance, POLG is the only polymerase responsible for DNA polymerase, 5'-3' exonuclease, dRP-lyase and reverse transcriptase activities in mitochondria. It is therefore not surprising that POLG malfunction causes many clinical cases of mtDNA diseases. Premature ageing and reduced lifespan in proofreading-deficient PolgA mutator mice were attributed to an increased somatic mtDNA mutation load promoting apoptosis. However, these non-physiological levels have been criticized, as recent evidence shows that low-level transmitted heteroplasmic mtDNA variants also contribute to ageing in the mutator mouse.

MtDNA is clustered in protein-rich structures called nucleoids near the inner mitochondrial membrane, where it interacts with mitochondrial transcription factor A (TFAM). TFAM binding to damaged mtDNA could act as a recognition element for mtDNA repair enzymes. In an accelerated ageing rat model carrying the mtDNA deletion, TFAM overexpression in the inner ear led to a reduction of 8-oxoguanine DNA glycosylase OGG1, reduction of polymerase POLG activity and an increase in heteroplasmy. BER enzymes appear to be regulated at the protein level. Whole tissue extracts of rat lens of two- and 14 months old animals
contained similar mRNA levels of OGG1, APE1 and POLG, but a reduced protein expression under normoxic conditions [99]. Finally, OGG1 mRNA and protein downregulation were also observed in an accelerated senescence mouse model [100].

(e) Preserving mitochondrial integrity by mtDNA copy number regulation

MtDNA dynamics plays a significant role in preventing biochemical defects of mitochondrial mutations. Targeted degradation of damaged mtDNA molecules or increased mtDNA replication of wild-type molecules can shift the mtDNA mutation heteroplasmy below the phenotypic threshold level. Degradation of damaged mtDNA molecules was first suggested as the mechanism to remove deleterious mutations from the mtDNA population [101,102]. Further data supporting this claim only became available recently with two studies demonstrating that increased oxidative stress by hydrogen peroxide treatment leads to increased mtDNA degradation [103,104]. Surprisingly, alkylation of mtDNA did not have the same effect and abasic sites and single-stranded breaks were more predominant in mtDNA than oxidative lesions [104]. When these types of mtDNA damage are persistent, degradation of mtDNA is upregulated within several hours upon damage initiation [105]. This suggests that the mtDNA damage repair capacity is limited and the type and amount of mutagenic agents determines a cells’ capacity to deal with mtDNA damage.

The amount of mtDNA decreases with age in various human tissues, including pancreatic islets [106], skeletal muscle [107], cerebral cortex and heart muscle albeit small [108]. These findings hold also for regions of the rat central nervous system [109]. Interestingly, various tissues in ageing mice do not show a reduction in mtDNA copy number [110], and the accumulation of mtDNA mutations in two epithelial lineages differed between mice and men [111]. These studies suggest that the impact of mitochondrial integrity on ageing may differ between species.

Segments of human muscle fibres demonstrating normal mitochondrial function contained a constant amount of wild-type mtDNA [51]. This finding supports the ‘maintenance of the wild-type’ hypothesis, which stipulates that cells require a minimal amount of wild-type mtDNA to maintain normal cellular function [112]. However, in human myocardium with an age-related loss in myocardial contractile force (MCF) and age-related increase of the mtDNA common deletion, mtDNA copy number remained constant [113]. The authors found a weak correlation between the level of mtDNA deletion and MCF loss. Clonal expansion of the mtDNA deletion is therefore not causative for age-related loss of tissue function owing to a compensatory replication of wild-type mtDNA. The importance of mtDNA copy number to support tissue function was also demonstrated in a large cohort study of blood mtDNA content in women undergoing ovarian hyperstimulation. MtDNA copy numbers were within normal range in non-responders to treatment, but severely decreased in patients showing premature ovarian failure [114]. Three independent studies that quantified mtDNA copy number in dominant optic atrophy (MIM:165500), a dominant inherited optic neuropathy caused by mutations in the OPA1 gene which leads to mitochondrial fragmentation, found contradicting results in mtDNA copy number [115–117]. Finally, leucocytes of patients with classical mitochondrial syndromes MELAS and MERRF also demonstrated age-related decline in mtDNA content, suggesting that beyond the phenotypic threshold level, cells can no longer compensate for deleterious mutations by increased mtDNA replication [118].

TFAM is the primary protein involved in mtDNA copy number regulation [119]. Loss of TFAM is embryonically lethal, characterized by delayed neural and cardiac tissue development [120]. There is growing evidence that mitochondrial proteases play an important role in TFAM-mediated mtDNA maintenance. Proteolytic control of TFAM by the mitochondrial LON protease regulates a stable TFAM:mtDNA ratio [121]. LON-depleted cells contained less oxidative lesions when exposed to H2O2 [122], presumably owing to increased levels of TFAM exerting a protective effect against oxidative stress [123]. In addition, phosphorylation of TFAM by protein kinase A impairs the DNA binding capacity of TFAM, leaving it vulnerable for degradation by the LON protease [124]. The mitochondrial matrix chaperone CLPX enhances DNA binding of TFAM independently of its protease activity in regulation of nucleoid size and mtDNA segregation [125]. This process may be co-facilitated by mtDNA D-loop binding of another AAA+ protein, ATAD3 [126], thereby linking mtDNA QC and mtDNA metabolism [127] to proteostatic mitochondrial QC.

3. Proteostasis in mitochondrial integrity and degenerative processes

Proteostasis of organellar proteins involves their biogenesis, trafficking across the membranes, their sorting, folding, assembly and degradation. Mitochondria contain different molecular pathways that participate in organellar proteostasis. Impairments of these pathways impact the integrity of mitochondria and affect the mitochondrial activity leading to degenerative processes. Error-free protein folding as well as prompt turnover and degradation of misfolded proteins is vital for organellar functions. Proteostasis counteracts toxic protein accumulation impacting the mitochondrial and cellular functions. Chaperones, including heat-shock proteins, are active in refolding of misfolded proteins. Different mitochondrial proteases degrade damaged proteins or proteins that are present in non-balanced quantities. The individual components of the QC system are effective in counteracting impairments caused by molecular damage via repair, refolding and reactivation of polypeptides to the native form. Degradation can also be used to protect mitochondria from damaged proteins. Proteostasis pathways are localized in all mitochondrial subcompartments (membranes, inter-membrane space and the mitochondrial matrix) and are essential for proper cellular functions (table 2).

(a) Protein repair by reduction of oxidized proteins

Mitochondria generate ROS as a consequence of oxidative metabolism, although the ROS production can increase greatly in pathological conditions [1]. The role of ROS is highlighted by the oxidized proteins that accumulate in aged cells and in age-related disorders [151]. Degradation of oxidized proteins becomes impaired with age [152]. Mitochondria can also reverse and repair certain types of protein oxidative damage with designated enzymatic systems that catalyse the regeneration of protein-bound oxidized cysteine and methionine [153]. Methionine residues can be oxidized to their sulfoxide forms as a result of oxidative damage [152]. This creates two forms of methionine sulfoxide, S and R. The two diastereomers can be reduced by the peptide methionine sulfoxide reductases A
Table 2. Human mitochondrial proteostasis proteins and their association with disease. Proteins that have no known disease-causing mutations, but implicated in disease or ageing (e.g. up- or downregulation in mitochondria-deficient cells) are also indicated. ER, endoplasmic reticulum; IM, inner membrane; OM, outer membrane; IMS, intermembrane space.

<table>
<thead>
<tr>
<th>human gene</th>
<th>description</th>
<th>function</th>
<th>localization</th>
<th>disease</th>
<th>references</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSRA</td>
<td>mitochondrial peptide methionine sulfoxide reductase</td>
<td>reduction of methionine sulfoxide to methionine</td>
<td>matrix, cytosol</td>
<td>—</td>
<td>[128 – 130]</td>
</tr>
<tr>
<td>MSRB2</td>
<td>methionine-R-sulfoxide reductase</td>
<td>reduction of methionine sulfoxide to methionine</td>
<td>matrix</td>
<td>—</td>
<td>[131]</td>
</tr>
<tr>
<td>MSRB3</td>
<td>methionine-R-sulfoxide reductase</td>
<td>reduction of methionine sulfoxide to methionine</td>
<td>matrix, ER</td>
<td>deafness, autosomal recessive 74 (MIM:613718)</td>
<td>[132]</td>
</tr>
<tr>
<td>YME1L</td>
<td>ATP-dependent zinc metalloprotease</td>
<td>i-AAA subunit, proteolytic regulation of respiratory chain and OPA1</td>
<td>IM (protruding IMS)</td>
<td>—</td>
<td>[133]</td>
</tr>
<tr>
<td>SPG7</td>
<td>ATP-dependent zinc metalloprotease</td>
<td>m-AAA subunit, maturation and degradation of mitochondrial proteins</td>
<td>IM (protruding matrix)</td>
<td>spastic paraplegia 7 (MIM:607259)</td>
<td>[134]</td>
</tr>
<tr>
<td>AFG3L2</td>
<td>ATP-dependent zinc metalloprotease</td>
<td>m-AAA subunit, maturation and degradation of mitochondrial proteins</td>
<td>IM (protruding matrix)</td>
<td>spino cere bellar ataxia 28 (MIM:610246); spastic ataxia autosomal recessive 5 (MIM:614487)</td>
<td>[135,136]</td>
</tr>
<tr>
<td>PHB, PHB2</td>
<td>prohibitins</td>
<td>protein turnover, mitochondrial biogenesis and function</td>
<td>IM</td>
<td>—</td>
<td>[137,138]</td>
</tr>
<tr>
<td>CLPP</td>
<td>component of a mitochondrial ATP-dependent proteolytic complex</td>
<td>unfolded-protein response stress signalling pathway</td>
<td>matrix</td>
<td>Perrault syndrome (MIM:614129)</td>
<td>[139]</td>
</tr>
<tr>
<td>CLPX</td>
<td>component of a mitochondrial ATP-dependent proteolytic complex</td>
<td>unfolded-protein response stress signalling pathway</td>
<td>matrix</td>
<td>forms a complex with CLPP</td>
<td>[140]</td>
</tr>
<tr>
<td>LONP1</td>
<td>mitochondrial ATP-dependent protease Lon; serine protease 15</td>
<td>degradation of misfolded, missorted, non-assembled and oxidized proteins; mtDNA regulation</td>
<td>matrix</td>
<td>protein levels affected in disease and disease models</td>
<td>[141]</td>
</tr>
<tr>
<td>MFN1</td>
<td>transmembrane GTPase</td>
<td>mitochondrial fusion and distribution, forms heterocomplexes with MFN2</td>
<td>OM</td>
<td>—</td>
<td>[142]</td>
</tr>
<tr>
<td>MFN2</td>
<td>transmembrane GTPase</td>
<td>mitochondrial fusion and distribution, forms heterocomplexes with MFN2</td>
<td>OM</td>
<td>Charcot–Marie–Tooth disease (MIM: 609260)</td>
<td>[143 – 145]</td>
</tr>
<tr>
<td>OPA1</td>
<td>dynamin-related mitochondrial GTPase</td>
<td>regulation of mitochondrial network, OXPHOS and apoptosis</td>
<td>IM</td>
<td>optic atrophies (MIM:165500 and MIM:125250)</td>
<td>[146,147]</td>
</tr>
<tr>
<td>HSPA9</td>
<td>HSP70</td>
<td>protein import, chaperonin</td>
<td>matrix</td>
<td>—</td>
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<td>HSPD1</td>
<td>HSP60</td>
<td>chaperonin</td>
<td>matrix</td>
<td>spastic paraplegia (SPG13; MIM:605280); MitCHAP60 disease (MIM:612233)</td>
<td>[149,150]</td>
</tr>
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</table>
to calculate protein half-lives in mammalian brain. In general, mitochondrial proteins in mammalian brain have exceptionally long half-lives (median 16 days, avg. = 20.5, s.d. = 20.2), two times longer compared to proteins that localize to the nucleus (median 7 days, avg. = 11.8, s.d. = 23.8) and all other proteins surveyed (8 days, avg. = 12.4, s.d. = 21.4). The half-lives and lower mitochondrial turnover rate are evolutionarily conserved [166]. The rate depends most likely on biological properties of the proteins and the role they play in mitochondria [163].

(i) The inner membrane proteases: i-AAA and m-AAA protease

The mitochondrial inner membrane embeds the oxidative phosphorylation chain essential for proper respiratory function. Surveillance of protein quality as well as regulation of biogenesis of the inner membrane subunits, vital for mitochondrial function, is carried out by i-AAA and m-AAA proteases. Misfolded or damaged proteins are degraded to peptides, which are then either exported from the organelle or degraded further to amino acids by various oligopeptidases [168]. Two ATP-dependent protease enzymes are embedded in the inner mitochondrial membrane. The ATPases associated with diverse cellular activities (AAA) domain-containing peptides form oligomers and expose their catalytic centre to the opposite sides of the inner membrane. i-AAA proteases promote the inter-membrane space and m-AAA protease is directed to the matrix. Both proteases regulate biogenesis of mitochondrial proteins [133], exert chaperone-like properties, monitor the folding state of solvent-exposed domains and specifically degrade non-native membrane proteins [169, 170]. Despite different localization of the active sites i-AAA and m-AAA proteases can partially complement each others function in fungi. This implies overlapping functionalities of both enzymes. Additionally, human i-AAA and m-AAA are able to rescue fungal deletion strains [134, 164].

Mitochondrial i-AAA protease is an oligomeric enzyme composed of YME1L subunits. Human YME1L, proteolytically regulates respiratory chain biogenesis as evidenced by excessive accumulation of non-assembled respiratory chain subunits (Ndud6, ND1 and Cox4) upon YME1L depletion [133]. The loss of YME1L leads to reduced cell proliferation, apoptotic resistance, altered mitochondrial ultrastructure, diminished rotenone-sensitive respiration and increased sensitivity to oxidative damage [133]. A recent study with P. anserina revealed an important impact of PaIAP, the homologue of YME1L, on ageing [171]. Deletion of PaIAP led to a temperature-dependent phenotype. Unexpectedly, at 27°C growth temperature, lifespan was strongly increased. At 37°C growth temperature, a reduction in lifespan and impairments in fruiting body formation and spore germination were observed. Significantly, in wild-type strains, PaIAP abundance is strongly increased. In addition, two other QC proteins, PaCLPP and PaHSP60, were also found to be abundant in wild-type strains at 37°C. Moreover, while the total abundance of OXPHOS complexes was essentially unchanged in the mutant, a shift towards the formation of stable respiratory supercomplexes and a destabilization of complex V dimers was found in the mutant. Overall, the data identified a function of PaIAP to cope with temperature stress in the fungus that, in contrast to humans, is not able to control temperature in its vegetative body.

In contrast to i-AAA protease, m-AAA proteases expose their active sites towards the matrix space. In humans,
m-AAA proteases are present either as a homo-oligomer with AFG3L2 alone or a hetero-oligomer together with its homolog paraplegin (encoded by SPG7 gene). The composition of m-AAA protease is variable in different tissues [134]. m-AAA proteases are responsible for removal of damaged or misfolded proteins and proteolytic activation of essential mitochondrial proteins as well as autoligand processing [172]. In mammals, m-AAA protease has been implicated in maturation of MRPL32 essential for ribosomal assembly [173], maturation of cytochrome c peroxidase [134], OPA1 processing [174,175], as well as surveillance and degradation of unfolded and damaged proteins [168].

Heterozygous missense mutations in the gene coding for m-AAA subunit AFG3L2 cause dominant hereditary ataxia SCA28 (MIM:610246), mostly due to altered proteolytic activity manifesting itself as Purkinje neuron degeneration [135]. Another genetic variant, a homozygous missense AFG3L2 mutation, results in hypomorphism allele and impaired ability of AFG3L2 to assemble homo- and hetero-oligomeric m-AAA complexes (with and without paraplegin), resulting in low levels of functionally active protease complexes and a functional paraplegin defect [136]. This molecular defect manifests itself as early onset spastic ataxia-neuropathy (SPG5, MIM:614487) with features characteristic for mitochondrial disorders [136]. Yet another molecular mechanism that underlies neurodegeneration caused by AFG3L2 mutations is the fragmentation of the mitochondrial network [176] and abnormal distribution of mitochondria in neurons [177]. Defective mitochondrial protein synthesis has been proposed as the molecular mechanism of fragmentation in Purkinje neurons [177]. The fragmentation leaves many mitochondria without ER connections limiting the Ca²⁺ distribution along the mitochondrial network [176].

Mutations in the paraplegin gene cause axonal degeneration in hereditary spastic paraplegia (SPG7, MIM:607289) [178], with phenotypic consequences likely partially alleviated by the presence of AFG3L2 homo-oligomer and the presence of m-AAA protease activity [134]. Both the age of onset and severity of the symptoms are highly variable even among related individuals [178,179] but are generally characterized by progressive weakness and spasticity of the lower limbs owing to degeneration of corticospinal axons with optic, cortical and cerebellar atrophy [178]. Neurodegeneration is preceded by mitochondrial morphological abnormalities in axons [180,181] with impaired axonal transport as a possible cause of axonal degeneration [181]. Next to the axonal phenotype, decreased complex I activity has been observed in fibroblasts of some patients [182]. In such cases, the negative impact of the paraplegin mutation may be twofold: on the one hand, paraplegin dysfunction results in impaired complex I activity resulting in increased ROS production, on the other hand, proper degradation of ROS-damaged mitochondrial proteins is impaired in the paraplegin mutant [164]. Respiratory complex instability is fully realized in a double paraplegin-Afg3l2 mouse mutant that shows, next to neuronal degeneration, also loss of mtDNA and respiratory complexes instability [168].

Prohibitins

Human mitochondrial prohibitins PHB1 and PHB2 assemble into a ring-like macromolecular structure in the inner mitochondrial membrane and act as protein and lipid scaffolds [183]. Prohibitins are implicated in diverse cellular processes, from mitochondrial biogenesis to a role in cell death and replicative senescence [184]. Prohibitins regulate the turnover of membrane proteins by the m-AAA protease [185], act as chaperone proteins in the mitochondria, and stabilize and protect unassembled membrane proteins until the assembly of respiratory complexes is complete [186,187]. Their expression increases in situations of imbalance between nuclear- and mitochondrial-encoded OXPHOS proteins in mammals [137,186,188]. Prohibitins function in the stabilization of the mtDNA in mitochondrial nucleoids [189,190]. Mammalian cell senescence is accompanied by reduced expression of PHB proteins, correlated with a heterogeneous decline in mitochondrial membrane potential during ageing [137]. Abnormal prohibitin levels have been reported in Parkinson’s disease [191]. Prohibitins influence mitochondrial inner membrane fusion and cristae morphogenesis by stabilization of OPA1 [192]. Loss of PHB2 in mouse forebrain leads to extensive neurodegeneration associated with aberrant mitochondria and hyperphosphorylation of the microtubule-associated protein tau [138]. In aged PHB2-deficient neurons, mitochondrial genome destabilization and respiratory deficiencies are observed [138].

Matrix peptidases CLPP and CLPX

The mitochondrial matrix peptidase CLPP and ATPase/ chaperone CLPX form together a proteasome-like hetero-oligomeric cylinder that cleaves unfolded substrates. The specificity of this proteolytic chamber is provided by CLPX that translocates substrates [140]. In mammals, induction of CLPP is observed upon accumulation of unfolded proteins supporting the protein’s role in cell stress and protein QC [193]. This observation is consistent with experiments in Caenorhabditis elegans, where the loss of CLPP modulates mitochondrial unfolded protein response (UPRᵐᵗ) [194,195] and the filamentous fungus P. anserina that shows a surprising healthy lifespan increase upon a deletion of the CLPP gene when grown under standard growth conditions [196]. Remarkably, the lifespan extension phenotype can be reverted by the expression of the human CLPP gene indicating a strong functional conservation of the fungal and the human protease. In humans, recessive CLPP mutations were observed in the Perrault variant of ovarian failure and sensorineural hearing loss [139]. In an independent study, the disease has been faithfully recapitulated in a mouse model that enabled detailed molecular and phenotypic studies [197]. CLPP-deficient mice accumulated mitochondrial chaperones as well as cytosolic proteolytic machinery as a probable compensatory effort to prevent further adverse effect of CLPP-deficiency. Owing to this compensatory mechanism rather subtle bioenergetic deficits were observed, despite many-fold elevated mtDNA levels. The disease mechanism likely involves deficient turnover of mitochondrial components, sustained inflammation with induction of T-lymphocytes in the spleen and resulting severe growth retardation with other age-associated phenotypes [197].

LON protease

LON protease is an ATP-dependent protease that plays a crucial role in protein QC in the mitochondrial matrix. This protease is the homo-oligomeric enzyme involved in the degradation of misfolded, missorted, non-assembled and oxidized proteins [198]. Each subunit of the protein homo-oligomer contains a substrate binding domain, an AAA motif and the proteolytic
domain. Degradation of folded proteins requires ATP for the unfolding of substrates [198]. In contrast to the matrix peptidase CLPP, a number of LON substrates have been identified. In yeast, the LON homologue PIM1 was reported to degrade a subunit of matrix processing peptidase MPPb, a subunit of the F$_1$F$_0$ATPase, and a number of other proteins, the majority of which are metabolic enzymes or subunits of the respiratory chain. An age-related change of LON abundance and activity was reported as being tissue-specific. While a decrease of LON activity was found in liver of old rats, LON activity remained the same in the hearts [199,200]. In patients with hereditary spastic paraplegia (SPG3), a decline in LON and CLPP levels was reported [201]. Additionally, mitochondrial LON has been implicated in six other diseases with its expression levels significantly up- and downregulated [141]: myoclonic epilepsy and ragged-red (MERRF) fibres syndrome (MIM:545000), myopathy, encephalopathy, lactic acidosis, stroke-like episodes (MELAS) syndrome (MIM:540000) and Friedreich ataxia (MIM:229300).

A clear effect of the experimental modulation of LON levels on organismal ageing was demonstrated in P. anserina. A deletion of the gene, 
\[ \textit{PaLon1} \]
, coding for the mitochondrial LON was found to reduce the lifespan of the fungus [202]. Accordingly, constitutive overexpression resulted in an increased health span. 
\[ \textit{PaLon} \]
 over-expressers were improved in mitochondrial function (i.e. respiration), lower levels of glycoxidized proteins, reduced carbonylation of mitochondrial aconitase and a reduced generation of hydrogen peroxide [203].

4. Mitochondrial dynamics

Mitochondria are dynamic cellular units that constantly change their morphology by fission and fusion. These two processes are genetically controlled and are effective in keeping a ‘healthy’ population of mitochondria. Mitochondrial dynamics is thought to be indispensable once the molecular QC systems comprised by repair enzymes, proteases and chaperones are overwhelmed in their capacity and damage passes certain thresholds [204–206]. In particular, separation of parts of a mitochondrion with a local accumulation of damage can lead to mitochondria with higher mtDNA quality. The mitochondrion can subsequently ‘grow’ by biogenesis and divide again to generate a fully functional population of mitochondria [204]. The damaged mitochondria that remain are subsequently removed by mitophagy. A recent study revealed that sensing of damaged mitochondria requires interaction between autophagy and fission machineries. In yeast, ATG32, which binds to the mitochondrial outer membrane and recruits ATG11, interacts with components of the fission machinery DNM1 and FIS1. Subsequent fission of the mitochondrion and delivery of the part marked by the ATG32/11 to the vacuole leads to the degradation of the organelle [207]. In addition, translocation of DRP1, the homologue of DNMI, to mitochondria [208] and subsequent mitochondrial fragmentation are associated with apoptosis [209,210].

First data about such a role of mitochondrial dynamics were obtained for the two fungal ageing models P. anserina and S. cerevisiae [211]. In this study, it was reported that mitochondria of juvenile cultures are filamentous while those from senescent cultures are punctate. In P. anserina, this age-related change in mitochondrial structure is linked to an increase of transcripts of Dnm1 coding for a GTPase that is essential for mitochondrial fission. Deletion of the Dnm1 gene in yeast and P. anserina leads to an increase in health span. However, it appears that the lifespan increase occurs only under certain conditions (e.g. laboratory conditions) as demonstrated for the i-AAA protease and CLPP in P. anserina. Under variable natural conditions, the fission of mitochondria may be beneficial or indispensable in certain developmental stages. This can be concluded from studies in mice in which the deletion of the Dnm1 homologue (Drp1) was found to be lethal [212]. It appears that Drp1 is dispensable for proliferation and viability of cells, but is essential at some time during development and organogenesis. This conclusion was validated in a study in which deletion of Drp1 was restricted to the neural system. Such strains died soon after birth owing to brain hypoplasia and increased apoptosis in brain. In mammals, mitochondrial fission appears to be an example of antagonistic pleiotropy theory [213]. The theory states that genes coding for components that are beneficial or essential early in life will be selected for—even if they are disadvantageous later in life.

Three large GTPase proteins, MFN1, MFN2 (localized in the outer membrane) and OPA1 (inner membrane), regulate mitochondrial dynamics by mitochondrial fusion [214]. MFN1 and MFN2 are anchored to the mitochondrial outer membrane and mediate mitochondrial fusion by tethering outer membranes of opposing mitochondria [142]. Mutations in MFN2 cause Charcot–Marie–Tooth disease type 2A (CMT2A) [143] likely owing to loss of protein function [144] resulting in a defect of transport of mitochondria and their distribution [145]. OPA1 is another large GTPase that regulates mitochondrial dynamics. OPA1 functions in the fusion of the inner membrane and cristae remodelling. Mutations in OPA1 cause autosomal dominant optic atrophy, a degenerative disease of the optic nerve [146,147].

In general, mitochondrial dynamics is accepted to be an effective way to control mitochondrial quality. Fusion of mitochondria is thought to improve overall quality of the mitochondrial population by content mixing of fully functional mitochondria with defective organelles enabling protein complementation, mtDNA repair and equal distribution of metabolites [215]. Fission of mitochondria is important during growth and development to increase the number of mitochondria. On the other hand, fission is an important mechanism to separate damaged parts of the mitochondrial network from parts that are less affected [216]. Mitochondrial dynamics, however, may only be beneficial to a system under conditions of moderate damage. A recent mathematical model in which mitochondrial damage by ROS, mitochondrial dynamics, biogenesis and mitophagy were integrated suggested a reduction of fission/fusion as beneficial in cells with damaged mitochondria after passing a critical threshold of impairment [204].

5. Autophagy

Autophagy is a cellular recycling mechanism that sequesters cellular components into vesicles, termed autophagosomes, which subsequently deliver their cargo to lysosomes in animal systems and to vacuoles in fungi and plants. The role of autophagy as a QC system is to break down damaged molecules or whole organelles. Its function in ageing is currently intensely investigated [217–222]. Autophagy is induced in several C. elegans longevity mutants in which different molecular pathways
are affected, [223] and during ageing of P. anserina [222]. In mice, it was found that the overexpression of Atg5, a gene coding for an essential component of autophagosome formation, leads to an extension of lifespan [224]. In addition, in P. anserina, evidence arises that impairments in specific pathways (e.g. knockout of genes coding for scavenging enzymes) appear to be compensated by increased autophagy [219]. Such responses and cross talks complicate the analysis of defined experiments because they can lead to counterintuitive or controversial results (e.g. no effect of the deletion of a gene coding for a QC pathway). One type of selective autophagy, termed mitophagy, specifically delivers mitochondria to lysosomes or vacuoles. In mammalian cells, several components including NIX [225], PARKIN [226] and PINK1 [227] have been associated with the degradation of mitochondria. PINK1 is a serine/threonine kinase, which, in functional mitochondria, is localized in the inner mitochondrial membrane. In impaired mitochondria, a dissipation of the mitochondrial membrane potential leads to the translocation of PINK to the outer mitochondrial membrane. There, PINK1 together with PARKIN promote segregation of damaged mitochondria from the mitochondrial network [228]. The PINK1 kinase phosphorylates the E3-ubiquitin ligase which subsequently ubiquititates several proteins including the voltage-dependent anion channel 1 [229] and the two mitofusins MFN1 and MFN2 [230–232]. Ubiquitinated outer membrane proteins subsequently are degraded by the cytosolic proteasome. Impairments in this system are associated with the development of Parkinson’s disease. According to the model, mitophagy interacts with mitochondrial dynamics and delivers mitochondria with impaired function that became separated from the mitochondrial network and are unable to fuse with other mitochondria due to reduced membrane potential [216,233]. At this time, information on the impact of autophagy and mitophagy on biological ageing is sparse and remains to be unravelled in more detail.

6. Apoptosis
In multicellular organisms, apoptosis is a type of programmed cell death (PCD) that is essential for proper development and organogenesis. In addition, it is part of the cellular QC network that eliminates severely damaged cells [234]. Interestingly, PCD is also found in unicellular organisms such as yeast, or in multicellular fungi such as P. anserina [235,236]. In the fungal systems, the pathways controlling PCD are less complex than in mammals. While in fungi there is no extrinsic pathway known to control apoptosis, there is an intrinsic pathway, in which mitochondria play a key role. In this pathway, the release of apoptogens cytochrome c and apoptosis inducing factors as well as the induction of a mitochondrial permeability transition pore (mPTP) initiates apoptosis. The intrinsic pathway is active in lower systems such as fungi as well as in mammals. Other components of apoptosis are specific to higher organisms, for example, the mitochondrial outer membrane pore has not been identified in fungi so far [235,237–239].

One aspect that is not sufficiently investigated in mammals is the role of PCD on organisal ageing. In fungi, the induction of PCD appears to be the final executor of organisal ageing. Recent studies with P. anserina and mice revealed a role of the mPTP in ageing [237,240,241]. In the fungal system, mitochondria from senescent individuals contain three times more cyclophilin D (CypD), a mitochondrial peptidyl–prolyl–cis, trans-isomerase that is a regulator of a protein complex in the inner mitochondrial membrane pore and a part of the mPTP [240]. Binding to still undetermined proteins, probably ATPase complexes, leads to membrane opening and the induction of PCD leading to death of the cell [242]. The time of induction can be accelerated by the overexpression of CypD and decelerated again by the application of cyclosporine A. During ageing of P. anserina, the ultrastructure of the inner mitochondrial membrane becomes strongly remodelled [237]. In juvenile cultures, tubular cristae are found, while during ageing the inner membrane retracts and a reticulate network of membranes is formed. Major structure-building components are ATPase dimers at the site of the strongest cristae curvature. According to a model, these ATPase dimers are speculated to bind CypD during ageing, thereby giving rise to the severe membrane changes and finally to the disruption of mitochondria and the release of apoptogens [242]. In how far such processes are also occurring during ageing in other organisms, in particular in mammals, is currently unsolved. At least, the structure-forming function of ATPase dimers appears to be conserved from yeast to mammals [243]. Moreover, in mice an increase of CypD was reported in gastrocnemius muscle in aged individuals. By contrast, in the mitochondrial ‘mutator mouse’ with accelerated ageing a significant depletion of CypD in quadriceps and gastrocnemius muscle has been reported [244]. CypD is deacetylated in the vicinity of a functional site by NAD+-dependent deacetylase SIRT3. SIRT3-deficient mice show signs of accelerated ageing and mitochondrial swelling due to increased mPTP opening [245]. These mice are characterized by cardiac hypothyropy, fibrosis and were hypersensitive to heat stress. Overall, it appears that apoptosis linked to mitochondrial pathways is relevant for skeletal and heart muscle function and age- and cardiac failure-related deaths in humans.

7. Conclusions and perspectives
The importance of mitochondrial QC is demonstrated by the expression of a variety of human diseases, often manifested later in life, and effects of impairments of QC systems on ageing processes. Degenerative disease and ageing have been associated with the increased generation of ROS and perturbations in cellular redox status [141]. Oxidative phosphorylation, a major source of ROS in the cell, exposes mitochondria to the risk of oxidative damage that may result in organellar imbalance at the level of mtDNA, residues, proteins and the whole organelle. But mitochondria, although being the main source of ROS, also contain important lines of defence against the oxidative damage and are equipped with protective pathways. Understanding the effects of ROS accumulation, the regulation and crosstalk of different mitochondrial QC pathways holds the key to understanding the mechanisms leading to degenerative diseases and ageing.

Apart from the molecular machineries described above, there are other systems that participate in mitochondrial QC, but which have not yet been directly linked to disease and ageing processes. One mechanism that recently was reported in yeast to play a role in mitochondrial QC is mitochondria-associated degradation (MAD). This pathway is active on proteins located and translocated to the outer mitochondrial
The underlying pathway is similar to ER-associated degradation involved in the degradation of proteins by the ubiquitin proteasome system [246]. The system is dependent on the ubiquitination of the proteins to be degraded by E3 ligates at the outer mitochondrial membrane. A number of different proteins with this activity have been identified. Ubiquitinated proteins are subsequently extracted out of the membrane via cdc48/p97 protein complexes and present the ubiquitinated protein for degradation to the proteasome. A number of mitochondrial proteins including DRP1/DNM1, MFN1 and MFN2 as part of the mitochondrial fission/fusion machinery have been demonstrated to be ubiquitinated [246,247]. However, the relevance of MAD in respect to ageing is not established so far.

Overall, different pathways that are active at the level of single molecules (DNA, proteins), of organelles (mitophagy), as well as whole cells (programmed cell death), raise questions about redundancy of their components, their hierarchy and regulation (figure 2). Currently, it is believed that pathways of ‘higher-order’ (e.g. mitophagy) become activated when ‘lower-order’ pathways (e.g. reduction of ROS-damaged residues) are overwhelmed in their capacity. This concept [205,206,248], although intuitive, is not rigorously proven. However, it does offer explanation for counterintuitive results obtained in specific experiments. For instance, the deletion of the gene coding for mitochondrial superoxide dismutase does not lead to a reduced lifespan in *P. anserina*. The induction of mitophagy to get rid of damaged mitochondria as they accumulate faster would be a possible way to ‘heal’ the impaired ROS scavenging capacity in this mutant.

It appears that the ‘lower-’ and ‘higher-order’ QC pathways do not work as separate entities, but rather resemble a network with hierarchies intrinsically connected and highly intervening with each other (figure 2). A striking example of interactions between different levels of QC is the mitochondrial matrix LON protease. On the one hand, the protease functions in proteolytic and protein-regulatory functions, on the other hand, it plays an important role in mtDNA metabolism, regulating the mtDNA copy number [121]. In mammals, LON protease additionally interacts with mtDNA regions in nucleoids and is involved in mtDNA transcription and replication [122,141].

Other types of cross-level QC interactions are i-AAA and m-AAA peptidases and prohibitins that primarily degrade and regulate OXPHOS proteins. Additionally, they process...
and regulate OPA1 thus influencing mitochondrial fission and mitochondrial dynamics [144]. Conversely, OPA1 ‘plus’ patients harbour mtDNA deletions in their muscle cells, suggesting a role for mitochondrial fusion in maintaining mtDNA integrity [249,250]. These proteins clearly cross the hierarchy boundaries of mitochondrial QC pathways.

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