Human tissues express cannabinoid CB₁ and CB₂ receptors that can be activated by endogenously released ‘endocannabinoids’ or exogenously administered compounds in a manner that reduces the symptoms or opposes the underlying causes of several disorders in need of effective therapy. Three medicines that activate cannabinoid CB₁/CB₂ receptors are now in the clinic: Cesamet (nabilone), Marinol (dronabinol; Δ⁹-tetrahydrocannabinol (Δ⁹-THC)) and Sativex (Δ⁹-THC with cannabinol). These can be prescribed for the amelioration of chemotherapy-induced nausea and vomiting (Cesamet and Marinol), stimulation of appetite (Marinol) and symptomatic relief of cancer pain and/or management of neuropathic pain and spasticity in adults with multiple sclerosis (Sativex). This review mentions several possible additional therapeutic targets for cannabinoid receptor agonists. These include other kinds of pain, epilepsy, anxiety, depression, Parkinson’s and Huntington’s diseases, amyotrophic lateral sclerosis, stroke, cancer, drug dependence, glaucoma, autoimmune uveitis, osteoporosis, sepsis, and hepatic, renal, intestinal and cardiovascular disorders. It also describes potential strategies for improving the efficacy and/or benefit-to-risk ratio of these agonists in the clinic. These are strategies that involve (i) targeting cannabinoid receptors located outside the blood-brain barrier, (ii) targeting cannabinoid receptors expressed by a particular tissue, (iii) targeting upregulated cannabinoid receptors, (iv) selectively targeting cannabinoid CB₂ receptors, and/or (v) adjunctive ‘multi-targeting’.

Keywords: Δ⁹-tetrahydrocannabinol; cannabinoid CB₁ and CB₂ receptors; cannabinoid receptor agonists; therapeutic applications and strategies; blood-brain barrier

1. INTRODUCTION
The endocannabinoid system consists of at least two types of G-protein-coupled receptor, cannabinoid CB₁ and CB₂ receptors, of endogenous agonists for these receptors that are known as ‘endocannabinoids’ and include anandamide and 2-arachidonoyl glycerol, and of the processes responsible for endocannabinoid biosynthesis, cellular uptake and degradative metabolism [1]. Importantly, there is convincing evidence that there are some disorders in which the endocannabinoid system upregulates in a manner that induces or exacerbates certain disorders, including obesity [1]. The discovery of the link between obesity and the endocannabinoid system prompted the development of the CB₁ receptor antagonist/inverse agonist, rimonabant (SR141716A; Acomplia) as an anti-obesity agent. This drug entered European clinics in 2006 for the management of obesity, but was withdrawn in 2008 because of safety concerns about its adverse effects, particularly an increased incidence of depression, anxiety and suicidality [2]. As a result, major pharmaceutical companies appear to have lost interest entirely in all drugs that block CB₁ receptors. This has prompted a need for a strategy that would significantly improve the benefit-to-risk ratios of rimonabant-like drugs, just one possibility being to develop a medicine from a CB₁ receptor antagonist or antagonist/inverse agonist that does not readily cross the blood-brain barrier [2,3].

There is also convincing evidence, however, that there are a number of serious disorders that are ameliorated by ‘autoprotective’ increases in the release of endocannabinoids onto subpopulations of their receptors and/or in the expression or coupling efficiency of cannabinoid receptors in certain locations. Such increases have, for example, been observed in human cancer and in animal models of neuropathic and inflammatory pain, multiple sclerosis, intestinal disorders, post-traumatic stress disorder, traumatic brain injury, haemorrhagic, septic and cardiogenic shock, hypertension, atherosclerosis and Parkinson’s disease [1].

Licensed medicines that exploit beneficial effects of direct cannabinoid receptor activation have already...
been developed [3,4]. Two of these, the CB₁/CB₂ receptor agonist, Δ⁹-tetrahydrocannabinol (Δ⁹-THC; dronabinol; Marinol) and its synthetic analogue, Nabilone (Cesamet), were approved over 25 years ago as medicines for suppressing nausea and vomiting produced by chemotherapy. Subsequently, the use of dronabinol as an appetite stimulant, for example in AIDS patients experiencing excessive loss of body weight, was also approved. One other medicine that contains Δ⁹-THC, in this case together with the non-psychoactive plant cannabinoid, cannabidiol, is Sativex. This was licensed in Canada in 2005 for the symptomatic relief of neuropathic pain in multiple sclerosis and as an adjunctive analgesic treatment for adult patients with advanced cancer. In 2010, it was also licensed in the UK and Canada for the treatment of spasticity due to multiple sclerosis and has more recently become an approved medicine in several other countries. Although these medicines do of course all display a favourable benefit-to-risk ratio, they can give rise to unwanted side effects [3–5].

There is currently a lot of interest in the possibility of developing medicines from compounds that inhibit the cellular uptake and/or metabolism of endocannabinoids when these are being released in an autoprotective manner [1,6]. However, also attracting considerable interest is the idea of exploiting one or other of a wide range of pharmacological strategies expected to maximize the beneficial therapeutic effects and/or minimize the unwanted effects of drugs that activate cannabinoid receptors directly. It is these strategies that form the subject of this review.

2. DIRECT ACTIVATION OF CANNABINOID RECEPTORS LOCATED OUTSIDE THE BLOOD-BRAIN BARRIER

It is now generally accepted, first, that many of the unwanted effects of cannabinoid receptor agonists are caused by their activation of CB₁ receptors located within the brain and, second, that beneficial effects such as pain relief, amelioration of certain intestinal and cardiovascular disorders, and inhibition of cancer cell proliferation and spread can be induced by selectively activating CB₂ and/or CB₁ receptors expressed outside the central nervous system [1]. This raises the possibility of developing a peripherally restricted medicine that selectively activates cannabinoid receptors located outside the blood-brain barrier. Attention is focused particularly on the possibility of developing such medicines for pain relief.

One peripherally restricted cannabinoid receptor agonist that possesses antiinociceptive activity is naphthalen-1-yl-(4-pentyloxynaphthalen-1-yl)methanone. This is a potent, high-efficacy, orally bioavailable CB₁/CB₂ receptor agonist that displays significant anti-hyperalgesic activity in a rat sciatic nerve partial ligation model of neuropathic pain and that appears to act by targeting peripheral CB₁ receptors [7]. Thus, its anti-hyperalgesic effect can be attenuated by a CB₁-selective antagonist (SR141716A), but not by a CB₂-selective antagonist (SR144528); it can produce this antinociceptive effect without inducing a behavioural effect thought to be mediated by central CB₁ receptors (catalepsy), and it does not readily enter the brain. The peripherally restricted potent, orally active CB₁/CB₂ receptor agonist, ‘compound A’, has also been reported to display anti-hyperalgesic activity at sub-cataleptic doses in a rat spinal nerve ligation model of neuropathic pain and to produce signs of anti-hyperalgesia in the mouse formalin paw model of inflammatory pain [8]. Three other such compounds are AZD1940, AZD1704 and AZ11713908, each of which seems to produce signs of analgesia in rodent models of acute, inflammatory and/or neuropathic pain through the activation of peripheral cannabinoid CB₁ receptors when administered orally [9,10]. It is also noteworthy that AZ11713908 generates fewer signs of CNS side effects in a rat Irwin test than the CB₁/CB₂ receptor agonist, R- (+)-WIN555212. There is even too that a synthetic analogue of Δ⁹-THC, ajulemic acid (CT-3), may ameliorate neuropathic pain mainly by targeting cannabinoid receptors located outside the blood-brain barrier [3]. Five further examples of peripherally restricted cannabinoids that can induce antiinociception in animal models are the cannabialactone, AM1710 [11]; the 1-((4-(pyridin-2-yl)benzyl)imidazolidine-2,4-dione derivative, compound 44 [12]; the 5-sulphonyl-benzimidazole derivative, compound 49 [13]; the γ-carboline, compound 29 [14]; and the thiadiazole, compound LBP1 [15]. AM1710 reduces signs of pain elicited by thermal (but not mechanical) stimulation of the rat hind paw at doses that do not produce signs of unwanted CNS side-effects [11]. Similar results were obtained with LBP1 in a rat model of neuropathic pain [15]. AM1710 and compounds 44 and 49 are CB₂-selective cannabinoid receptor agonists, whereas compounds 29 and LBP1 are dual CB₁/CB₂ receptor ligands.

Finally, although orally administered AZD1940 displays antiinociceptive activity in rat models of acute and neuropathic pain [9], results obtained in single-dose phase-II studies indicated that it was ineffective against acute pain induced in human subjects by capsaicin or by molar tooth extraction [16].

3. DIRECT ACTIVATION OF CANNABINOID RECEPTORS EXPRESSED BY A PARTICULAR TISSUE

There is a strong possibility that the benefit-to-risk ratio of a cannabinoid CB₁ or CB₁/CB₂ receptor agonist could be markedly increased by restricting the distribution of active concentrations of this agonist to a tissue that expresses cannabinoid receptors, which, when activated, would mediate relief from the unwanted effects of one or more particular disorders. Two such tissues may be skin and spinal cord, there being good evidence that these both contain cells that express CB₁ and CB₂ receptors, the activation of which can produce signs of analgesia or anti-hyperalgesia in animal models of acute, inflammatory or neuropathic pain [3]. There is evidence too that when administered intrathecally, the CB₁/CB₂ receptor agonist, R- (+)-WIN555212, can induce spinal CB₁ and CB₂ receptor-mediated signs of relief from bone-tumour-related pain [17], and also antiinociception in a rat formalin paw model of inflammatory pain, although not in the rat hot plate model of acute pain [18].
In addition, results obtained from experiments with mice indicate that \( R(\pm)-\text{WIN55212} \) can act through CB\(_1\) and CB\(_2\) receptors to reduce signs of hyperalgesia without also inducing catalepsy when it is injected into tumour-bearing hind paws [19], and that the CB\(_2\)-selective agonist, JWH-015, can induce a CB\(_2\)-receptor-mediated reduction in bone-cancer-related pain caused by implantation of NCTC2472 fibrosarcoma cells into the femur [20]. It has been found too that intraplantar injection of 2-arachidonoyl glycerol can induce CB\(_2\) receptor-mediated relief from hyperalgesia in a murine model of human metastatic bone cancer pain in which fibrosarcoma cells are injected into and around the calcaneus bone of the left hind paw of each animal, and in which CB\(_2\) receptor expression increases in non-neuronal cells in the plantar skin of the tumour-bearing paw [21]. Other cannabinoid receptor agonists that have been found to reduce signs of hyperalgesia in this experimental model include AM1241, which is CB\(_2\)-selective and was antagonized by the CB\(_2\)-selective antagonist, AM630, but not by the CB\(_1\)-selective antagonist, AM281, and arachidonylcyclopropylamide, which is CB\(_2\)-selective and was antagonized by AM281, but not by AM630 [22]. Experiments with mice have also shown that \( R(\pm)-\text{WIN55212} \) can reduce nociception in the radiant heat tail-flick test when it is applied topically to the tail at a dose that did not impair rotarod performance [23,24]. It could well be, therefore, that by applying a cannabinoid receptor agonist directly to the skin, it would be possible to relieve pain that is restricted to one or more specific regions of the body surface without also provoking major off-target cannabinoid receptor-mediated effects. Further support for this possibility comes from experiments performed with human volunteers, which showed that hyperalgesia induced by capsaicin application to the skin, and the perception of itch induced by cutaneous administration of histamine, could both be decreased by pretreatment with the CB\(_1\)/CB\(_2\) receptor agonist, HU-210, when this was administered by skin patch or dermal microdialysis at a dose that did not produce psychological side effects [25,26]. Also meriting further investigation is the possibility that topical application of a cannabinoid CB\(_1\) receptor agonist to one or more areas of the skin might be an effective way of treating (or even preventing) melanoma induced by ultraviolet irradiation [27].

4. ACTIVATING UPREGULATED CANNABINOID RECEPTORS

Some disorders seem to trigger a 'protective' upregulation of certain cannabinoid CB\(_1\) or CB\(_2\) receptors that, when activated, can slow the progression of these disorders or ameliorate their symptoms [1,3]. As discussed in greater detail elsewhere [3], the occurrence of such protective upregulation raises the possibility that for the treatment of at least some disorders, a partial cannabinoid receptor agonist—for example, \( \Delta^9\)-THC or cannabinol—might display a greater benefit-to-risk ratio than a higher efficacy agonist such as CP55940. This is because the extent to which the size the maximal effect of an agonist increases in response to any upregulation of its receptors is inversely related to the efficacy of that agonist.

5. ACTIVATING CANNABINOID CB\(_2\) RECEPTORS

Significant attention is currently being directed at the possibility of developing medicines from compounds that can activate CB\(_2\) receptors at doses that induce little or no CB\(_1\) receptor activation. This has been triggered by the evidence that many of the adverse effects induced by mixed CB\(_1\)/CB\(_2\) receptor agonists result from CB\(_1\) rather than from CB\(_2\) receptor activation, and that CB\(_2\)-selective agonists have a number of important potential therapeutic applications. These include the relief of various kinds of pain and the treatment of pruritus, of certain types of cancer, of cough and of some neurodegenerative, immunological, inflammatory, cardiovascular, hepatic, renal and bone disorders (table 1). There is also evidence, first, that CB\(_2\) receptor activation can ameliorate neuroinflammation by protecting the blood-brain and blood-spinal cord barriers [67,68], and second that activation of these receptors can reduce inflammation following spinal cord injury by lowering the expression of toll-like receptors [68]. Importantly, none of the CB\(_2\)-selective agonists that have been developed to-date are completely CB\(_2\)-specific. As a result, they are expected to display CB\(_2\)-selectivity only within a finite dose range and to target CB\(_2\) receptors as well when administered at a dose that lies above this range. Indeed, there is evidence from experiments with CB\(_1\) wild-type and knockout mice that although some CB\(_2\)-selective agonists can reduce spasticity in an autoimmune encephalomyelitis model of multiple sclerosis, this depends on their ability to activate CB\(_1\) receptors at doses above those at which they activate CB\(_2\) receptors [69]. Evidence has also been obtained first, that cannabinoid receptor-dependent alleviation of mechanical allodynia that is induced in mice by brachial plexus avulsion appears to be mainly CB\(_2\)-mediated in the initial phase but both CB\(_1\)- and CB\(_2\)-mediated in the late phase [32], and second, that in a mouse collagen-induced arthritis model, although signs of arthritis are reduced by prolonged CB\(_2\) but not prolonged CB\(_1\) receptor activation, thermal hyperalgesia is reduced by acute CB\(_1\) but not by acute CB\(_2\) receptor activation [70]. In addition, it is likely that pharmacological targets other than CB\(_2\) or CB\(_1\) receptors contribute to sought-after or unwanted effects of CB\(_2\)-selective agonists, there being evidence, for example, that some but not all such agonists can activate GPR55 and/or modulate activation of this deorphanized receptor by L-\(\alpha\)-lysophosphatidylglycerol [71]. It is noteworthy too that CB\(_2\) receptors seem to increase survival rate in a model of mild sepsis but to reduce survival rate in a model of more severe sepsis, that CB\(_2\) receptor activation appears both to exaggerate and to block inflammatory responses in a model of allergic contact dermatitis, and that some inflammatory responses that seem to be aggravated by CB\(_2\) receptor agonists are alleviated by CB\(_2\) receptor inverse agonists [41].

6. POTENTIAL ADJUNCTIVE STRATEGIES FOR CANNABINOID RECEPTOR ACTIVATION

There is good evidence that it may be possible to improve the benefit-to-risk ratio of a cannabinoid receptor agonist such as \( \Delta^9\)-THC, CP55940, \( R(\pm)\)-WIN55212 or HU-210 for the management of pain by administering it together with a second drug.
Thus, for example, additive or synergistic interactions resulting in antinociception have been reported to occur in the rat formalin paw model of inflammatory pain between

- intraperitoneal Δ⁹-THC and morphine [72];
- intrathecal R-(+)-WIN55212 and an intrathecally administered α₂-adrenoceptor agonist (clonidine), cholinesterase inhibitor (neostigmine) or local anaesthetic (bupivicaine) [73,74];
- anandamide and the cyclooxygenase inhibitor, ibuprofen, administered by intraplantar injection [75]; and
- HU-210 and the non-steroidal anti-inflammatory drug, acetylsalicylic acid, co-administered systemically [76].

Additive or synergistic interactions resulting in antinociception have also been found to occur between

- low-dose R-(+)-WIN55212 and a cyclooxygenase-2 inhibitor, NS-398, co-administered intracisternally, for the attenuation of nociceptive scratching behaviour induced in rats by formalin injection into the temporomandibular joint of the jaw [77];
- R-(+)-WIN55212 and the non-steroidal anti-inflammatory drug, ketorolac, co-administered systemically, for the attenuation of nociception in a mouse model of inflammatory visceral pain, although not in the mouse tail flick model of acute pain [78];
- HU-210 and the non-steroidal anti-inflammatory drug, acetylsalicylic acid, co-administered systemically, in the rat hot plate model of acute pain [76];
- Δ⁹-THC and an opioid such as morphine, codeine or fentanyl in mouse, rat, guinea pig and monkey models of acute or arthritic pain [79–89];
- CP55940 and the a₂-adrenoceptor agonist, dexmedetomidine, in the mouse hot plate and tail flick models of acute pain [83];
- CP55940 and the N-methyl-D-aspartate (NMDA) receptor antagonist, (−)-6-phosphonomethyl-decahydroisoquinoline-3-carboxylic acid (LY235959), in the mouse hot plate test [90]; and
- R-(+)-WIN55212, given by intracerebroventricular or intraplantar injection, and a selective agonist for the neuropeptide FF 1 or FF2 receptor, injected intracerebroventricularly, in mouse models of acute pain [91].

Importantly, evidence has been obtained through the construction of isobolograms that of the above interactions, those between R-(+)-WIN55212 and clonidine, neostigmine or bupivicaine [73,74] as well as those between anandamide and ibuprofen [75], Δ⁹-THC and an opioid [81,83,86], CP55940 and dexamethomidine [83] and CP55940 and LY235959 [90], are all synergistic rather than just additive in nature. A synergistic antinociceptive interaction has also been reported to occur between the CB₁-selective agonist, arachidonylecyclopropylamide, and the

<table>
<thead>
<tr>
<th>disorder or symptom</th>
<th>references</th>
</tr>
</thead>
<tbody>
<tr>
<td>acute or post-operative pain</td>
<td>[28,29]*</td>
</tr>
<tr>
<td>persistent inflammatory pain</td>
<td>[28*,29*,30]</td>
</tr>
<tr>
<td>neuropathic pain</td>
<td>[12,13,28*,29*,30–32]</td>
</tr>
<tr>
<td>cancer pain including bone cancer pain</td>
<td>[20,22,28*,33*,34*,54*,55*,56*,57*,58]</td>
</tr>
<tr>
<td>pruritus</td>
<td>[35]</td>
</tr>
<tr>
<td>Parkinson’s disease</td>
<td>[36,37]*)</td>
</tr>
<tr>
<td>Huntington’s disease</td>
<td>[37]*)</td>
</tr>
<tr>
<td>amyotrophic lateral sclerosis</td>
<td>[38,39]</td>
</tr>
<tr>
<td>multiple sclerosis</td>
<td>[4*,41,42,43,44,45,46]</td>
</tr>
<tr>
<td>autoimmune uveitis</td>
<td>[41]</td>
</tr>
<tr>
<td>HIV-1 brain infection</td>
<td>[42]*)</td>
</tr>
<tr>
<td>alcohol-induced neuroinflammation/neurodegeneration</td>
<td>[42]*)</td>
</tr>
<tr>
<td>anxiety-related disorders</td>
<td>[43]</td>
</tr>
<tr>
<td>impulsive: e.g. in bipolar disorder, personality disorders, attention-deficit</td>
<td>[44]*)</td>
</tr>
<tr>
<td>hyperactivity disorder and substance use disorders</td>
<td>[45]</td>
</tr>
<tr>
<td>cocaine dependence</td>
<td>[46]</td>
</tr>
<tr>
<td>traumatic brain injury</td>
<td>[47,48]*)</td>
</tr>
<tr>
<td>atherosclerosis</td>
<td>[49,50]</td>
</tr>
<tr>
<td>systemic sclerosis</td>
<td>[41]*)</td>
</tr>
<tr>
<td>inflammatory bowel disease</td>
<td>[41*,51*,52*,53]</td>
</tr>
<tr>
<td>chronic liver diseases; alcoholic liver disease</td>
<td>[52*,54–57*,58]</td>
</tr>
<tr>
<td>diabetic nephropathy</td>
<td>[59]</td>
</tr>
<tr>
<td>osteoporosis</td>
<td>[60]*)</td>
</tr>
<tr>
<td>cough</td>
<td>[61]*)</td>
</tr>
<tr>
<td>breast, prostate, skin, pancreatic, colorectal, hepatocellular and bone cancer; lymphoma/leukaemia and gliomas</td>
<td>[34*,51*,52*,62*,63*,64,65]</td>
</tr>
</tbody>
</table>

*Review article.

Nicotine self-administration and reinstatement of nicotine-seeking behaviour have been found to be unaffected by selective CB₂ receptor agonism or antagonism in rats [66].
**Table 2. Examples of additive or synergistic interactions observed in vitro between cannabinoid receptor agonists and non-cannabinoid receptor ligands in animal models of certain disorders.**

<table>
<thead>
<tr>
<th>Disorder and measured effect</th>
<th>Cannabinoid receptor agonist</th>
<th>Co-administered compound</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anxiety or depression</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Antinociceptive effects in mouse elevated plus-maze a and mouse hole-board test</td>
<td>low-dose Δ^2^-THC (i.p.)</td>
<td>low-dose naltrexone (i.p.)</td>
<td>[103]</td>
</tr>
<tr>
<td>Antinociceptive effects in mouse light-dark box, open-field test and elevated plus-maze</td>
<td>low-dose Δ^2^-THC (i.p.)</td>
<td>low-dose gabapentin (i.p.)</td>
<td>[104]</td>
</tr>
<tr>
<td>Anxiety effect in rat elevated plus-maze</td>
<td>low-dose CP55940 (i.p.)</td>
<td>low-dose imipramine (i.p.)</td>
<td>[102]</td>
</tr>
<tr>
<td>Antidepressant effect in rat forced swim test</td>
<td>low-dose R-(+)-WIN55212 (i.p.)</td>
<td>low-dose fluoxetine (s.c.)</td>
<td>[98]</td>
</tr>
<tr>
<td>Epilepsy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anticonvulsant effect on mouse pentylentetrazole-induced clonic or tonic-clonic seizures</td>
<td>low-dose R-(+)-WIN55212 (i.p.)</td>
<td>carbamazepine, phenytoin, phenobarbital or valproate (i.p.)</td>
<td>[105]</td>
</tr>
<tr>
<td>Anticonvulsant effect on mouse maximal electroshock-induced seizures</td>
<td>low-dose R-(+)-WIN55212 (i.p.)</td>
<td>ethosuximide, phenobarbital or valproate (i.p.)</td>
<td>[104]</td>
</tr>
<tr>
<td>Anticonvulsant effect on mouse maximal electroshock-induced seizures</td>
<td>low-dose of the CB1-selective agonist, ACEA (i.p.)</td>
<td>low-dose naltrexone (i.p.)</td>
<td>[103]</td>
</tr>
<tr>
<td>Anticonvulsant effect on mouse electroshock-induced seizures</td>
<td>low-dose CP55940 (i.p.)</td>
<td>diazepam (i.p.)</td>
<td>[107]</td>
</tr>
<tr>
<td>Haemorrhagic shock or glaucoma</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Increased survival time in a rat model of haemorrhagic shock</td>
<td>Δ^8^-THC (i.v.)</td>
<td>cyclooxygenase-2 inhibitor, NS-398 (i.v.)</td>
<td>[108]</td>
</tr>
<tr>
<td>Reduction of rat intracocular pressure</td>
<td>low-dose R-(+)-WIN55212 (i.p.)</td>
<td>low-dose abnormal-cannabidiol or cannabigerol-dimethyl heptyl (topical)</td>
<td>[109]</td>
</tr>
<tr>
<td>Cancer or chemotherapy-induced vomiting</td>
<td>low-dose R-(+)-WIN55212 (i.p.)</td>
<td>low-dose temozolomide (peritumorally) (^b)</td>
<td>[110]</td>
</tr>
<tr>
<td>Reduction of glioma xenograft growth in nude mice</td>
<td>low-dose Δ^2^-THC (peritumorally)</td>
<td>low-dose of the 5-HT_3 receptor antagonist, ondansetron (i.p.)</td>
<td>[111]</td>
</tr>
<tr>
<td>Inhibition of vomiting and retching induced by cisplatin in house musk shrews</td>
<td>low-dose Δ^9^-THC (peritumorally)</td>
<td>low-dose temozolomide (peritumorally)</td>
<td>[110]</td>
</tr>
</tbody>
</table>

\(^a^{See introduction to this section for antinociceptive interactions. \(^b^Low-dose temozolomide also exerted a strong anti-tumoral effect in combination with a low-dose mixture of Δ^8^-THC and the non-psychoactive phytocannabinoid, cannabidiol. \(^c^Isobolographic analysis indicated this interaction to be synergistic.

CB2-selective agonist, AM1241, in a mouse model of cancer pain following intraplantar coadministration of these two compounds [22]. This is of interest since it raises the possibility that, for at least some kinds of pain, a mixed CB1/CB2 agonist may be more effective as an analgesic medicine than a CB1- or CB2-selective agonist.

Results from clinical studies with patients experiencing chronic non-cancer pain have also provided evidence that cannabinoid receptor agonists can enhance opioid-induced analgesia [92,93] and that inhaled vapourized cannabis can augment the analgesic effect of the opioids, morphine and oxycodone in patients experiencing various kinds of chronic pain without inducing any unacceptable adverse events [94]. In contrast, no synergistic or additive antinociceptive interaction has been detected between Δ^9^-THC and the μ-opioid receptor agonist, piritramide, in patients suffering from acute post-operative pain [95] or between Δ^9^-THC and morphine in human volunteers subjected to noxious electrical or thermal stimulation of the skin or to painful digital pressure [96,97]. However, together (but not separately), these drugs did reduce the affective response to cutaneous thermal stimulation [97].

Evidence that certain potentially beneficial effects of a cannabinoid receptor agonist other than pain relief can be enhanced by administering it together with one or other of a set of non-cannabinoid receptor ligands has also emerged from in vivo animal experiments (table 2). It should be noted that the anticonvulsant interactions between R-(+)-WIN55212 and ethosuximide or valproate that are referred to in table 2 were probably at least partly pharmacokinetic in nature [104], whereas those between R-(+)-WIN55212 or
arachidonyl-2′-chloroethy lamidamide and phenobarbi- 
tal were most likely pharmacodynamic in nature [104, 106]. It is noteworthy too that additive or synergis- tic interactions have also been observed to occur in vitro between cannabinoid receptor agonists and anti-cancer 
drugs for the production of apoptosis or anti-proliferative 
effects in certain cancer cell lines [110,112].

One other adjunctive strategy for a cannabinoid 
receptor agonist may be to administer it together 
with a CB1 receptor antagonist/inverse agonist. Thus, 
for example, it has been found that

— an ultra-low dose of SR141716A can prolong R-(*)-WIN55212-induced antinociception in a 
  rat model of acute pain [113];
— an ultra-low dose of AM251 can enhance the 
  ability of the CB1-selective agonist, arachidonyl-
  2′- chloroethylamidamide, to protect mice from 
pentylene tetrozole-induced seizures [114];
— administration of a selective CB1 receptor 
  agonist/inverse agonist together with a 
  CB2-selective agonist may be particularly effective for the treat-
  ment of hepatic ischaemia/reperfusion injury 
  caused by liver transplantation [115] and of dis-
  orders, such as Parkinson’s disease [116], systemic 
sclerosis [117], chronic liver diseases, including 
alcohol-induced liver injury [56] and stroke [118], 
and perhaps also for the management of cocaine 
dependency [45,119].

It is possible that the last of these three poten-
tial adjunctive strategies could be exploited using Δ9-
tetrahydrocannabivarin, because this plant cannabi-
noid can both block CB1 receptors and activate CB2 
receptors [120,121]. Indeed, there is already evidence 
from experiments using animal models of Parkinson’s 
disease and hepatic ischaemia/reperfusion injury, that 
Δ9-tetrahydrocannabivarin would display efficacy as a 
medicine against both of these disorders [115,116].

Ideally, a multi-targeting strategy should of course be 
one that enhances sought-after effects to a greater extent 
than unwanted effects. It is noteworthy, therefore, that 
there is already evidence from experiments performed 
with mice or rats that the risk of developing dependence 
to opioids [122,123] and nicotine [99] increases when 
such a compound is co-administered with a cannabi-
noid CB1/CB2 receptor agonist. There is evidence too 
that Δ9-THC can undergo additive or synergistic inter-
actions with a range of non-cannabinoids to disrupt 
motor function and thermoregulation, as indicated 
by the production of catalepsy, hypokinesia or hypo-
thermia in mice or rats. These non-cannabinoids 
include opioids, nicotine, benzodiazepines, prostaglan-
dins, reserpine and ligands that activate or block 
muscarinic cholinoreceptors or some types of dopamine, 
noradrenaline, 5-hydroxytryptamine or γ-aminobutyric 
acid receptors [72,99,124,125]. There is also evidence 
that R-(*)-WIN55212 enhances not only the 
anticonvulsant effects of carbamazepine, phenytoin, 
phenobarbital, valproate and ethosuximide in mice 
(table 2), but also the impairment of skeletal muscle 
strength by all these compounds, the impairment 
of motor co-ordination by phenobarbital, valproate 
and ethosuximide, and the impairment of long-term 
memory by phenytoin, phenobarbital, valproate 
and ethosuximide [104,105]. In contrast, however, the 
CB1-selective agonist, arachidonyl-2′- chloroethylamidamide, 
enhanced the anticonvulsant effect of phenobarbital in 
mice (table 2) without augmenting impairment by this 
barbiturate of skeletal muscle strength, motor co-ordi-
nation or long-term memory [106]. It is also noteworthy 
that administration of a cannabinoid receptor agonist, 
together with morphine, seems to oppose the develop-
ment of tolerance to the antinoceptive effects of these 
compounds. Thus, for example, chronic systemic 
administration of a low-dose combination of Δ9-THC 
and morphine to rats has been reported to induce anti-
nociception without also producing tolerance in a rat 
paw pressure model of acute pain in which tolerance 
did develop when morphine or Δ9-THC was adminis-
tered chronically by itself at a higher dose [87]. 
Furthermore, it has been found first, that chronic sys-
temic co-administration of CP55940 with morphine 
can attenuate the tolerance that develops to the antinoi-
ceptive effect of morphine in the mouse hot plate test 
when it is administered repeatedly by itself [90], and 
second, that an ultra-low dose of SR141716A that pro-
longs R-(*)-WIN55212-induced antinociception in the 
rat tail flick test also opposes the development of tol-
erance to this CB1/CB2 receptor agonist [113]. There is 
evidence too that the CB2-selective agonist, AM1241, 
can prevent the neuroinflammatory consequences of 
sustained morphine treatment [126].

7. MIXING STRATEGIES

There may be therapeutic benefits to be gained from 
combining some of the strategies that have been men-
tioned in this review. One possibility for pain relief 
would be to administer a CB2-selective agonist intrathe-
rcally instead of orally. Thus, there have been reports that 
JWH-015 can reduce signs of post-operative pain in rats 
[127], and that signs of neuropathic pain can be reduced by 
JWH-133 in mice [128], and by AM1710 in rats 
[129] when these three CB2-selective agonists are 
jected intrathecally. There is evidence too that signs of 
analgesia induced in models of acute pain by trans-
dermal administration of an opioid can be enhanced by 
transdermal or intrathecal co-administration of a 
low dose of a CB1/CB2 receptor agonist [24,84]. It is 
also noteworthy that antinociceptive synergy has been 
detected in the mouse tail flick test between low-doses of 
R-(*)-WIN55212 co-administered topically and 
intrathecally [23].

8. CONCLUSIONS AND FUTURE DIRECTIONS

This review has focused on preclinical findings 
described in papers published up to April 2012 that 
together provide an indication of the likely strengths 
and weaknesses of a number of potential strategies 
for improving the therapeutic efficacy and/or mini-
mizing the adverse effects of cannabinoid receptor 
agonists in the clinic.

The available published information about each of 
these strategies suggests that, for many of them, 
their strengths significantly outweigh any of their 
identified weaknesses. This information has, however,
come almost entirely from preclinical research. Consequently there is now an urgent need, first, unless they have already been performed, for phase I clinical trials with healthy human subjects that test the safety of each drug that is selected to implement one or other of these potential strategies and, second, for phase II trials with patients. When planning such clinical trials, it will be important to construct a short-list of disorders that are in need of better medicines, and whose signs, symptoms and/or progression are most likely to be managed effectively in the clinic by one or other of the strategies described in this review. For each of these disorders, it will also be important to select the strategy that would be the one most likely to produce the greatest benefit-to-risk ratio in patients.

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