Dissecting the effects of nitrate, sucrose and osmotic potential on Arabidopsis root and shoot system growth in laboratory assays

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Studying the specific effects of water and nutrients on plant development is difficult because changes in a single component can often trigger multiple response pathways. Such confounding issues are prevalent in commonly used laboratory assays. For example, increasing the nitrate concentration in growth media alters both nitrate availability and osmotic potential. In addition, it was recently shown that a change in the osmotic potential of media alters the plant’s ability to take up other nutrients such as sucrose. It can also be difficult to identify the initial target tissue of a particular environmental cue because there are correlated changes in development of many organs. These growth changes may be coordinately regulated, or changes in development of one organ may trigger changes in development of another organ as a secondary effect. All these complexities make analyses of plant responses to environmental factors difficult to interpret. Here, we review the literature on the effects of nitrate, sucrose and water availability on root system growth and discuss the mechanisms underlying these effects. We then present experiments that examine the impact of nitrate, sucrose and water on root and shoot system growth in culture using an approach that holds all variables constant except the one under analysis. We found that while all three factors also alter root system size, changes in sucrose and osmotic potential also altered shoot system size. In contrast, we found that, when osmotic effects are controlled, nitrate specifically inhibits root system growth while having no effect on shoot system growth. This effectively decreases the root:shoot ratio. Alterations in root:shoot ratio have been widely observed in response to nitrogen starvation, where root growth is selectively increased, but the present results suggest that alterations in this ratio can be triggered across a wide spectrum of nitrate concentrations.

Keywords: root system; root:shoot ratio; nitrate; osmotic potential; sucrose

1. OVERVIEW

Hundreds or even thousands of individual roots, branching in a myriad of ways and stretching in nearly all directions, may comprise the root system of a single adult plant. What appears to be amazing complexity is dwarfed by a remarkably humble origin. For many plants (including the model plant Arabidopsis thaliana), this complex adult root system originates from a single embryonic root. From this root develop new autonomous lateral roots, which give rise to more roots in turn. This process is neither fixed nor random, but highly dependent on the integration of developmental cues and environmental conditions [1].

It makes intuitive sense that the plant root system is responsive to its heterogeneous surroundings. Soils are complex and ever-changing. They consist of gases, liquids and solids, nutrients of organic and inorganic origin, and living creatures and dead ones. All of these components are unequally distributed throughout the soil, and some move or diffuse. As a result, plants must expand their root systems in the direction where resources accumulate. To accomplish this, plants incorporate signals from their surrounding environment to guide decisions on when and where to form new lateral roots.

Here, we review the current understanding of the mechanisms by which plants regulate post-embryonic development of the root system in response to environmental nitrogen (also reviewed in earlier studies [2–6]). We further discuss changes in root system architecture in response to water availability, and the effect of alterations in sugars in the aerial tissues on root architecture. Finally, we discuss problems with laboratory assays that have been used in the past to dissect these responses, and present experiments that differentiate between osmotic effects and specific effects of increased nitrogen or sucrose. We then extend these experiments to differentiate environmental effects on overall plant growth (shoot and root) from effects that are specific to the root system. Our results demonstrate that while nutrient nitrogen, nutrient sucrose and

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osmotic potential all impact root system growth, only nitrogen exerts a specific effect on the root system without altering whole plant growth.

2. ACQUISITION OF NITROGEN FROM THE SOIL

Plants must extract many nutrients from the soil in order to sustain growth. To make DNA, amino acids and other complex molecules, plants need to obtain nitrogen, phosphorous and sulphur. For the proper function of proteins, iron and magnesium are needed as well. It is therefore not surprising that plants have evolved to optimize their growth plan in order to maximize the uptake of these elements. Indeed, all of the elements listed above have been demonstrated to have an effect on plant root systems (reviewed in earlier works [3,4,7,8]).

Nitrogen is the most abundant element in the Earth’s atmosphere; yet, it is a limiting nutrient to plant growth [8]. This is because plants cannot assimilate the diatomic form of nitrogen found abundantly in the air, but rather must acquire soluble nitrogen from the soil. Whereas soil nitrogen can be found and acquired in many forms, including ammonia and amino acids, nitrate is the most common form absorbed and assimilated by plants. Nitrate is in low abundance in the soil, in part, due to its high solubility and predisposition to leaching, and its rapid acquisition by bacteria and fungi [2,8].

The ability of a plant to acquire nitrogen from its surroundings is dependent on two major characteristics of the root system: the amount of root area in contact with soluble nitrogen in the soil, and the efficiency by which any given amount of root can transport nitrogen from its surroundings into the plant. The former is dependent on the formation, placement and growth of post-embryonic roots. The latter depends on the expression of nitrate and ammonium transporters that shuttle nitrogen into the plant. All of these processes are dramatically affected by the amount of nitrogen within the plant and the amount and distribution of nitrogen in the surrounding environment. Here, we will focus solely on changes in root system architecture in response to environmental nitrogen. (For recent reviews of changes in nitrogen uptake and assimilation, readers are referred to reviews [6,9,10].)

3. ROOT SYSTEM RESPONSES TO ENVIRONMENTAL NITROGEN

Root systems demonstrate three clearly separable responses to environmental nitrogen: (i) overall high concentrations of nitrate repress lateral root formation; (ii) nitrogen starvation leads to increased primary and lateral root growth as a component of a shift in the ratio of shoot-to-root biomass; and (iii) patches of high external nitrate in an otherwise low nitrate environment lead to local stimulation of lateral root proliferation.

(a) Alterations in root system growth in response to ubiquitous high nitrogen supply

Exposure to a uniformly high level of nitrate results in reversible suppression of lateral root development [11,12]. An Arabidopsis mutant carrying mutations in two nitrate reductases was even more sensitive to nitrate, suggesting that accumulation of nitrate itself, rather than downstream metabolites, signals this response [11].

(b) Alterations of root-to-shoot mass ratio in response to nitrogen starvation

When plants are starved of nitrogen, they are presented with a conundrum. They must limit their growth, but in doing so they are less capable of exploring the surrounding soil for additional sources of nitrogen. Turner [23] was one of the first to point out that, when starved of nitrogen,
barley plants preferentially expand their root system at the expense of shoot growth. Since nitrogen is acquired solely by the root system, an increase in the root-to-shoot ratio thus allows these plants to increase their chances of obtaining nitrogen to sustain growth. Many experiments have confirmed an increase in root growth versus shoot growth in response to nitrogen in a wide range of species, including maize [24], cotton [25], soya bean [25–27], rape [28], Plantago [29], tobacco [30,31], birch [32,33] and Arabidopsis [34,35]. Split root experiments again demonstrate a critical role for the shoot, and suggest that the N-depleted status of the shoot results in promotive systemic signalling. Very recent work was able to separate the repressive and promotive systemic signalling pathways that regulate root system growth based on their differential requirement for cytokinin [17].

(c) Alterations in root system growth in response to a localized nitrogen supply

In contrast to the situations described above, root systems normally encounter heterogeneous soils in which nitrate is unequally distributed [4]. In this case, some parts of the root system may be in contact with high nitrate while others are in contact with low nitrate, with the internal plant concentration of nitrogen reflecting some intermediate level. Given this complex scenario, one can imagine two possibilities: each region of the root system could respond independently to local nitrate concentrations, or the root system could be regulated in an integrated manner in response to the overall picture of nitrate distribution and internal nitrogen status. In fact, both of these possibilities appear to be true, as described below. The prevalent model is that root system growth is regulated by a balance between systemic signals that reflect the endogenous N state of the plant (replete or deficient) and the presence or absence of local stimulatory effects of nitrate at the root system.

(i) Differential growth within the root system

Some of the most stunning examples (as well as the earliest) of the extent to which a plant root system responds to environmental nitrogen were presented by Drew and co-workers in the 1970s [36–38]. The authors set out to determine how roots of barley plants respond to local increases in nitrate availability. By constructing specialized growth chambers that were separated into three compartments, the authors were able to expose separate parts of the root system to solutions containing different concentrations of nitrate. These experiments showed beautifully that the sections of root exposed to high concentrations of nitrate showed a large increase in lateral root formation and growth. Scheible et al. [31] obtained similar results in Nicotiana. Using a 'split-root' system—where the roots of a single plant are separated into two or three sections and exposed to different environments—the authors showed that sections of root exposed to higher concentrations of nitrate exhibited increased root growth. The same response was found when Arabidopsis was grown on agar medium supplied with unequally distributed amounts of nitrate [39]. These results show that plants optimize the growth and development of their organs in a highly controlled manner that optimizes nutrient uptake in areas of high nitrate availability (for review see Hodge [4]).

(ii) The long-distance signals regulating root system response to unequal distribution of nitrate

To determine how differential growth within the root system is regulated, Scheible et al. [31] studied the growth of roots in a split-root system with roots exposed to either low or high nitrate concentrations. These authors found that growth of roots in a low-nitrogen environment was inhibited when the plant was supplied with nitrogen from the other half of the root system. This is consistent with lateral root inhibition in response to uniformly high nitrate levels, as discussed in §3a, and suggests that a signal of the replete condition may be moving from the nitrate replete roots to the roots undergoing nitrogen starvation conditions. Since signals originating in one half of the split-root system must traverse the shoot before arriving at the other half, this may suggest that the shoot is relaying signals between various parts of the root system. More likely, the nitrogen supplied to one part of the root system creates a replete condition in the shoot, and the shoot signals its status to the low nitrogen roots.

The split-root experiments presented above suggest that long distance signals downstream of changes in external nitrate—mediated by the shoot—integrate the rate at which roots form in various parts of the root system [31,40–42]. One possibility is that nitrate or its downstream metabolites act as the signal reporting nitrogen status in the plant. After acquisition from the environment, nitrate is reduced via nitrate and nitrite reductases to ammonia before being further converted to downstream metabolites. Mutants in these reductases can therefore be employed to see if plant responses to alterations in nitrate availability depend on nitrate itself or downstream metabolites.

Schieble et al. [31] found that, in tobacco, nitrate reductase mutants showed an increase in root-to-shoot ratio upon exposure to high nitrate (similar to wild-type plants grown in the presence of high nitrate), suggesting that nitrate itself regulates root-to-shoot ratio. Similarly, Zhang & Forde [39] found that local induction of lateral root formation is unaffected in nitrate reductase mutants, again suggesting that nitrate itself regulates environmental responses to local changes in environmental nitrate supply. These results suggest that lateral root formation is dependent on the perception of nitrate signals, although a caveat inherent in these experiments is that nitrate reductase mutants may be altered in many processes unrelated to signalling, such as amino acid synthesis.

(iii) Molecular mechanisms underlying root system responses to localized nitrate

One of the few molecules identified to play a role in the interaction of localized soil nitrogen and root system architecture is the MADS-box transcription factor ANR1. A mutant in ANR1 does not show a localized increase in lateral root growth in response to a localized patch of nitrate [39]. While the function of ANR1 is unknown, data suggest that it acts downstream of the nitrate transporter NRT1.1. Mutants in NRT1.1 showed a similar phenotype to anrI mutants, and the
level of ANR transcripts was greatly reduced in nrt1.1. Interestingly, no reduction in nitrate uptake was observed in nrt1.1 mutants, nor could the lateral root phenotype be rescued by nitrogen metabolites, suggesting that NRT1.1 may function as a nitrate sensor, stimulating localized lateral root growth via an ANR1-mediated pathway [43].

Recently, Krouk et al. [44] showed that NRT1.1 redistributes auxin away from lateral root tips at low but not high nitrate concentrations. The authors speculate that localized nitrate stimulation of lateral root growth might therefore be explained by a relatively higher level of auxin at the lateral root meristems [44]. Since NRT1.1 is induced by nitrate, this model describes a complete hypothetical circuit that may connect nitrate sensing with lateral root growth.

Two additional regulatory circuits have been described that may connect external nitrate with nitrate sensing in Arabidopsis via auxin. In one case [13], AUXIN RESPONSE FACTOR 8 (ARF8) was upregulated in the pericycle in response to high nitrate, while the microRNA that targets ARF8 was downregulated in the same tissue. The authors used a bioassay where plants were grown on ammonium and then supplied with ubiquitously high nitrate, and reported that the nitrate represses lateral root formation in this assay. Perturbation of the ARF8/miR167 auto-regulatory loop prevents Arabidopsis plants from repressing lateral root emergence in response to nitrate. Similarly, the auxin receptor AFB3 and the microRNA miR393 form an auto-regulatory circuit, except that in this case AFB3 is induced by nitrate and the microRNA which degrades AFB3 is induced by nitrogen metabolites [14]. Perturbation of this loop interferes with nitrate-induced changes in architecture.

4. CHANGES IN ROOT SYSTEM GROWTH IN RESPONSE TO WATER

(a) Root system growth towards increasing water availability

Plants possess the ability to direct the growth of organs towards numerous stimuli, including sunlight (phototropism), gravity (gravitropism) and water (hydrotropism). The last had been the subject of much debate over the eighteenth and nineteenth centuries (reviewed by Hooker [45]), and was neglected during much of the twentieth century until the identification of a pea mutant with altered gravitropism and a strong hydrotropic response [46]. Gravitropism is the single largest hindrance to the study of hydrotropism, as the effect of gravitropism is roughly one order of magnitude stronger. Researchers have gone to great lengths to overcome this limitation—literally by travelling to outer space [47]. Yet, for all the effort, very little is known about the molecular mechanisms guiding hydrotropism by the root system [48].

In The power of movement in plants (1880), Darwin et al. [49] presented evidence that hydrotropism functions in the root tip. More than 100 years later, Takahashi et al. [50] validated this observation by showing that osmotic stress increases hydrotropic response by stimulating the degradation of amyloplasts in root tip columella cells that are required for gravitropic response [50]. Mutant screens have been employed to identify genetic regulators of hydrotropism, and have managed to identify several mutants with defects in hydrotropic response [48]. In only one case has a causal gene been identified [51]. This gene, MIZ1, encodes a protein of unknown function that is conserved among terrestrial plants. MIZ1 is expressed in the primary root tip (as well as in sections of the mature root, and in hydathodes in leaf tissues), adding additional evidence that the root tip is important in sensing environmental water supply.

(b) Alterations in root system growth in response to water limitation

Plants respond to water limitation by complex changes in root system growth. The most extensive literature concerns changes in primary root growth. It is well known that plants can sense water limitation, and in response produce the hormone ABA to act as a long-distance signal communicating environmental water availability [52]. Maize root cell elongation is inhibited by water stress in regions distal to the root apex, but at the apex elongation is maintained at a rate similar to non-water-stressed plants. Elongation maintenance at the apex is ABA-dependent [53]. Other root system responses to osmotic stress are indirect, and are due to stomatal closure and consequent limiting of photosynthesis, and limited expansion of young leaves. This in turn may reduce root system growth (for review see [54,55]).

Several groups have found that lateral root formation is repressed when Arabidopsis seedlings are grown on agar medium with reduced osmotic potential, which imposes a mild osmotic stress [21,56,57]. This reduction of lateral root formation is recapitulated with addition of exogenous ABA [57], and mutants in ABA biosynthesis show increased lateral root formation under mild osmotic stress [21,57]. These results suggest that ABA produced by roots may act as a signal to repress lateral root formation in response to reduced water availability.

To identify genes regulating lateral root formation in response to altered water availability, mutant screens were performed in Arabidopsis on medium with reduced osmotic potential [21,57,58]. From these screens, the authors reported the isolation of three mutants: hsd2, dig3 and Atcyt-inv1, respectively. Each mutant showed an increase in lateral root formation under mild osmotic stress, and all three were dwarfed when grown on soil [21,57,58]. The causal mutations in hsd2 and Atcyt-inv1 were cloned and characterized at the molecular level [22,58]. LRD2 encodes a gene responsible for the proper deposition of the cuticle on aerial tissues. The authors found that hsd2 exhibits increased lateral root formation owing to an increase in the ability to obtain sucrose through its aerial tissues from the growth medium (which contains sucrose). The authors also showed that the ABA biosynthesis mutants previously shown to have increased lateral root formation under mild osmotic stress also show an increase in the ability to acquire sucrose from the surrounding growth medium. The results above bring into question the hypothesis that ABA regulates lateral root formation in response to mild osmotic stress. Rather, it appears that altered acquisition of sucrose in the assay system, not reduced sensing of a mild osmotic stress, is the mechanism allowing increased lateral root formation of certain mutants on agar medium with reduced osmotic potential. In agreement with the findings of MacGregor et al. [22],
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\textit{ArCYT-INV1} was found to encode an invertase responsible for converting sucrose to glucose and fructose [58]. The \textit{Atcyt-inv1} mutant showed an increase in sucrose levels under mild osmotic stress, further adding support for the role of sucrose in regulating lateral root formation in these assays. As stated above, modulation of sucrose uptake is not expected to mirror any naturally occurring process outside the Petri dish environment. A molecular understanding of root system regulation in response to osmotic stress may have been confounded by artefacts of the plate assays, and a true understanding of osmotic stress responses is therefore lacking.

5. Sucrose as a Stimulant of Lateral Root Formation

While uptake of sucrose from nutrient media is not a naturally occurring process, sucrose itself is a major product of photosynthesis. Therefore, altering sucrose levels by exogenous application of sucrose may reveal the effects of increased photosynthetic activity on plant growth and development. Mutants that take up more sucrose from an agar medium show an increase in lateral root formation. Not surprisingly, wild-type seedlings supplemented with increasing exogenous sugar also show increased lateral root formation and primary root elongation [22,59,60], and this effect persists if the exogenous sucrose is applied specifically to the aerial tissues [22]. Furthermore, the sugar-induced increase in lateral root formation is correlated with the amount of sugars found in the root [59]. These results and others suggest that the sugar concentration in roots, presumably delivered from the shoot, may be a positive determinant of lateral root growth (for review see [7,61]). Consistent with this idea, \textit{Arabidopsis} plants grown under conditions that stimulate photosynthesis have been shown to stimulate lateral root formation as well. Freixes et al. [59] showed that under high light conditions with no exogenous sucrose, \textit{Arabidopsis} seedlings elongate primary and lateral roots as quickly as when grown on medium containing 2 per cent sucrose under low light conditions. Similarly, under elevated CO₂ levels (which promote photosynthesis), \textit{Arabidopsis} seedlings make more lateral roots [60]. These findings show that lateral root formation is responsive to increased plant sugar status, regardless of whether it is produced by the plant or supplied exogenously. Plants harvest sunlight in order to provide energy for processes related to plant growth. Therefore, it makes intuitive sense that when plant energy status is increased, so is the rate of growth of the root system. Sucrose can also function as a signal [62]. However, sucrose-stimulated lateral root formation was unaffected in hexokinase mutants [22]. Furthermore, the phosphorylated, non-metabolized sucrose analogue 3-O-methyl-glucose could not substitute for sucrose, while glucose and fructose could [22]. These results indicate that sucrose acts as a nutrient rather than a signal to regulate lateral root formation.

6. Dissecting root system responses to environmental conditions in laboratory assays

Since the soil environment is highly heterogeneous, it is common for researchers to use an artificial medium to dissect out the effects of specific environmental factors on plant growth and development. This also allows for easy visualization of the root system. As discussed above, this approach has lead to gene discovery through the isolation of mutants in root system responses. Forward genetic screens have been primarily conducted in \textit{Arabidopsis}, where mutant identification and subsequent identification of the causal mutation is fast and relatively straightforward.

Despite the success of laboratory assays, it is always important to bear in mind that there are artefacts associated with analysis of root systems grown on Petri dishes. The roots tend to be exposed to the light, for instance. Many laboratories including our own have sealed plates with parafilm to maintain sterility; this and other non-porous tapes cause an unnatural accumulation of gases, including the gaseous hormone ethylene, in the plates [63,64]. Sucrose is generally included in plant medium, and both leaves and roots are directly in contact with this sucrose. MacGregor et al. [22] showed that leaf contact with sucrose-containing medium has a profound promotive effect on lateral root formation, and this effect can be eliminated by placing a parafilm barrier between the leaf and the medium. MacGregor et al. [22] also demonstrated that different mutants (i.e. ABA synthesis mutants, cuticle mutants) have differential leaf permeability to molecules in the medium, allowing greater uptake of dye molecules from their environments than wild-type plants. These results highlight the need for caution in interpreting laboratory assays.

Despite the inherent problems associated with laboratory assays, they still provide the best opportunity to dissect plant responses to distinct environmental cues in detail, especially when the proper controls are included. Here, we present a set of experiments designed to independently characterize the responses of plants to alterations in water, sucrose and nitrogen in laboratory assays. In these experiments, we altered only one parameter at a time, allowing the effects of sucrose and nitrogen as osmotica to be distinguished from their effects as nutrients or signal molecules. Furthermore, we measured both root system development and shoot development in response to altered nitrogen, sucrose and water to see if changes in root and shoot growth were separable. Finally, since it has been shown that certain growth conditions can alter sucrose uptake from the medium in laboratory assays, we also evaluated this parameter for each component. Our findings demonstrate that nitrate, when isolated from all other factors, reduces lateral root formation without altering shoot growth or sucrose uptake.

7. Results and Discussion

(a) Both shoot and root system growth are altered when sucrose and nitrate concentrations are increased

As a starting point, we replicated conditions demonstrated in Deak et al. [21] and MacGregor et al. [22] to strongly repress lateral root formation. In this laboratory assay, control conditions were defined as a low nitrate variant of Murashige and Skoog (MS) medium, containing
1 × MS basal salts, 5 mM each KNO₃ and NH₄NO₃ and 1 per cent sucrose (see §9). Repressive conditions were defined as 1 × MS basal salts with 20 mM each KNO₃ and NH₄NO₃ and 4.5 per cent sucrose. Seedlings grown on repressive medium have been previously reported to show a dramatic decrease in lateral root formation and shoot size compared with seedlings grown on control medium [22]. We repeated this result using a chlorophyll extraction protocol to quantify shoot size (see §9) and a measurement of total lateral root length (TOT) to quantify root system size. Indeed, seedlings grown on repressive medium showed a dramatic reduction in TOT, and also exhibited a decrease in shoot size (figure 1).

Since control and repressive media contain different quantities of sucrose and nitrate salts, and therefore also have different osmotic potentials, it was possible that changes in TOT and shoot size may have been regulated by a combination of nitrate, sucrose and osmotic responses. To dissect these responses and determine if changes in TOT could be separated from changes in shoot size, we studied the effect of each repressive medium component individually. It should also be noted that ionic strength may affect plant growth, and this is not tested for in our experiments. It should also be noted that levels of K were not normalized between media in these experiments, although K availability is generally not reported to affect lateral rooting or root/shoot ratio [7].

(b) **Osmotica and sucrose alter root and shoot system growth in a coordinated manner**

Previous work has shown that addition of mannitol, a poorly metabolized sugar, reduces the osmotic potential of media and represses lateral root formation [21,22]. We confirmed this result using a series of media containing varying amounts of mannitol (figure 2). Compared with control medium, repressive medium contained an additional 30 mM of nitrate salts (equivalent to 60 mM solute owing to dissociation of the salts) and 102 mM sucrose. We therefore tested media containing an additional mannitol concentration of 60 mM (nitrate salt equivalent), 102 mM (sucrose equivalent) and 162 mM (nitrate salt plus sucrose equivalent). Addition of increasing amounts of mannitol resulted in a reduction in lateral root length (figure 2), as previously reported. We then examined the effects of osmotica on shoot size and found that the reduction in TOT is accompanied by a reduction in shoot size (figure 2). The reductions in both TOT and shoot size are consistent with the idea that changes in osmotica alter overall plant growth characteristics rather than specifically targeting root system development.

We next tested the effect of alteration in sucrose availability on TOT and shoot size. Sucrose can act both as a signal, a nutrient and as an osmolyte [7,61,62]. To test the specific effect of sucrose as a nutrient, seedlings were grown on medium containing increasing amounts of sucrose, and compared with seedlings grown on medium containing equivalent molar amounts of mannitol. Sucrose was added in the same amounts (in addition to the 30 mM sucrose present in the control medium) as was mannitol in the previous experiment. In each of three experimental sets (figure 3, e.g. compare +60 mM mannitol and +60 mM sucrose), the seedlings with added sucrose showed an increase in TOT and shoot size compared with seedlings grown with the equivalent amount of mannitol (the increase in TOT at 162 mM sucrose was not significant in this repetition). These results indicate that sucrose as a nutrient (rather than an osmolyte) leads to an increase in both shoot size and TOT, again consistent with a model in which sucrose affects overall plant growth characteristics.

(c) **Nitrate specifically regulates lateral root formation without affecting shoot size or leaf permeability**

As with sucrose, nitrate salts can act as a signal, a nutrient and/or as an osmolyte (see §7b). To test the
effect of nitrate salts as a nutrient and/or signal, seedlings were grown on medium containing varying amounts of nitrate salts and compared with seedlings grown on medium containing equivalent amounts of mannitol. Increasing nitrate concentration resulted in a strong repression of lateral root formation, but surprisingly had no significant effect on shoot size when compared with equivalent concentrations of mannitol (figure 4). These results indicate that increasing nitrate salt concentration acts as a nutrient or signal to repress TOT independently of shoot size. The strongest repression of TOT occurred upon addition of 30 mM nitrate salts to the control medium. To further validate the effect that nitrate salts have on repressing TOT, but not shoot size, another experiment was performed. In this experiment, seedlings were grown on medium containing 30 mM nitrate salts or a series of media where mannitol was substituted for equivalent 10 mM decreases in nitrate salts. Thus, all media had the same osmotic potential, but varying amounts of nitrate salts. Again, an increase in nitrate salt concentration resulted in a decrease in TOT, but not in shoot size (figure 5). These results indicate that even 10 mM increments of nitrate salts can have a profound effect on TOT, while having no significant effect on shoot size, and these effects are not caused by changes in osmotic potential. Together, the present findings indicate that plants specifically repress lateral root formation irrespective of whole-plant growth in response to increases in environmental nitrate. Similar results have been previously reported in the literature [11,65], but neither group measured responses in shoot growth. The present results replicate their findings, and add an extra level of support to the conclusions presented in those studies.

Decreased osmotic potential in growth medium results in a visual decrease in permeability of wild-type seedling leaves, as measured by reduced uptake of Toluindine Blue (TB; see §9) [22]. However, it was never tested whether nitrate acting as a nutrient/signal (rather than an osmolyte) affects permeability. This is important since alterations in permeability lead to changes in the uptake of medium components, including stimulatory sucrose. To confirm the effect of osmotic potential and quantify permeability changes, we measured TB staining in seedlings grown on medium containing increasing amounts of mannitol. With increasing mannitol, seedlings showed a decrease in TB staining (figure 6a), consistent with the observations reported previously [22]. To test the effect of nitrate salts independently of their effect on osmotic potential, seedlings were grown on medium containing increasing amounts of nitrate and compared with seedlings grown on medium containing equivalent osmotic potential owing to mannitol. The results showed that nitrate had no effect on the permeability of shoot tissues to TB (figure 6b). Since nitrate salts show a strong repressive effect on lateral root formation and have no effect on TB staining, this suggests that nitrate repression of lateral root formation is independent of mechanisms controlling the acquisition of sucrose from the medium by shoot tissues.

8. CONCLUSIONS AND OUTLOOK
Tremendous insights into plant processes can be gained using laboratory assays in which plants are grown on defined medium. However, correct controls must be included to tease out the effects of medium components, and to check for indirect effects of additives (i.e. osmotic effects) and unequal uptake of medium components. Here, we have revisited the role of nitrate, water and sucrose in controlling root system growth and shoot system growth. Our results
largely confirm those of previous authors, and demonstrate that osmotic changes in medium alter leaf permeability to sucrose and, hence, sucrose uptake; this plays a major role in subsequent plant growth. In the absence of osmotic changes, we demonstrate that sucrose stimulates both root and shoot system growth. A novel finding of this study is that ubiquitous increases in nitrate decrease root system growth without altering shoot system growth. Since only root system size is altered under varying nitrate supply, this indicates that there is a fundamental decrease in root-to-shoot ratio with increasing nitrogen conditions. Many studies have identified increases in root-to-shoot ratio upon nitrogen starvation. However, this is the first study to our knowledge to show alterations in root-to-shoot ratio in conditions where nitrogen is plentiful. This suggests that plants can regulate their root-to-shoot ratio over a much wider nitrogen range than previously thought. If these results can be translated into more physiological growth conditions, they predict that plants regulate root-to-shoot ratio not specifically in response to nitrogen starvation, but as a general mechanism to tailor their growth to environmental nitrogen supply.

9. METHODS

(a) Plant growth conditions
Seeds were surface sterilized in 100 per cent bleach plus Tween-20 for 3 min while vortexing, and rinsed three times using sterile water. Seeds were vernalized for two or more days at 4°C and planted on agar medium (described below) approximately 2 cm from the top edge of a 100 × 100 cm square Petri plate, with nine seeds per plate. Plates were wrapped with parafilm and placed vertically in a growth chamber with 16 L:8 D cycles at 22°C. Plants were grown for 15 days unless specified otherwise.

(b) Media composition
Control medium contained the following components per litre of medium: 10 g sucrose, 0.5 g MES...
Figure 4. (a) Lateral root formation and (b) shoot size for Ws seedlings grown for 15 days on control media supplemented with varying amounts of nitrate salts or equivalent amount of mannitol. Bars represent average of 42–50 individuals for all data points. For all comparisons, differences in TOT are statistically significant, at $p < 0.01$ using Student’s paired $t$-test, but differences in shoot size are not. Standard error is shown.

Figure 5. (a) Lateral root formation and (b) shoot size for Ws seedlings grown for 14 days on control media supplemented with varying amounts of nitrate salts and mannitol such that osmotic potential is constant. Bars represent average of 38–56 individuals for all data points. For TOT, difference between $+60$ mM mannitol and all other conditions is significant at $p < 0.01$ using Student’s paired $t$-test. For shoot size, only the difference between $+40$ mM mannitol and $+20$ mM mannitol is statistically significant at $p < 0.05$ using Student’s paired $t$-test. Standard error is shown.
[2-(N-morpholino)-ethanesulphonic acid], 100 ml Murashige and Skoog Basal Salt Micronutrient Solution (10× stock from Sigma Aldrich, catalogue no. M0529), 5 ml of 1 M KNO₃, 5 ml of 1 M NH₄NO₃, 0.33 g CaCl₂·6H₂O, 0.1807 g MgSO₄, 0.17 g KH₂PO₄, and 7.0 g agar. Medium was brought to a pH of 5.7 using 1 M KOH prior to addition of agar, and autoclaved for 30–45 min.

Other media were made by supplementing control medium with varying amounts of mannitol, sucrose, KNO₃ and NH₄NO₃. Repressive medium contained an additional 35 g l⁻¹ sucrose, 15 ml of 1 M KNO₃ and 15 ml of 1 M NH₄NO₃, compared with control medium.

(c) Determination of total lateral root length
Digital images of plant roots (taken using a Canon SD1000 digital camera) were traced by hand using IMAGEJ. For each seedling, the length of all lateral roots was summed to give the TOT value.

(d) Measurement of shoot size
Two-week-old seedlings generally had a fresh weight of the order of 1 µg. Given the difficulties of obtaining reproducible measurements in this weight range, we used chlorophyll content as a proxy for biomass. Seedlings were cut at the root–shoot junction, and the aerial tissue was transferred to a 1.5 ml tube containing 0.5 ml anhydrous ethanol. The aerial tissue was allowed to incubate in the ethanol for at least 15 h, after which 0.2 ml of solution from each sample was transferred to 96-well plates. The absorption of the samples was analysed using a plate reader (Tecan Safire II) at 430 nm. In studies where multiple seedlings were pooled and weighed, and chlorophyll extracted as above, chlorophyll content was nearly perfectly correlated with the mass of the seedlings on our media conditions in the presence and absence of osmotic stress (r² = 0.904, y = 21.38x, n = 37, data not shown). The effect of altered sucrose or nitrogen on chlorophyll content was not determined.

(e) Determination of shoot permeability
Up to eight plates at a time were laid down horizontally such that the seedlings were on top of the agar, and the plate was angled slightly such that the root tip was higher than the aerial tissue. A solution of 5 mg TB per 10 ml water was poured over the aerial tissues such that the aerial tissues were completely submerged. The dye solution was decanted after 10 min, and the plate was submerged under water for approximately 10 s. After staining, seedlings were cut at the root–shoot junction, and the aerial tissue was transferred to a 1.5 ml tube.
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containing 0.5 ml ethanol. After 15 h, 0.2 ml of solution from each sample was transferred to 96-well plates. The absorption of the samples was analysed using a plate reader (Tecan Safire II) at 625 nm.

Note that absorbance readings at 430 nm and 625 nm did not interfere with each other (data not shown). Hence, permeability and size can be evaluated for the same seedling.

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